

TUFTE TIDINGS

November 2026

Tufte Manor - 3300 Cherry Street - Grand Forks, ND 58201 (701) - 787 - 7600

ADMIN
Angie Goulet, RN
Administrator
(701) 787 - 7616
Summer Rainoshek
Administrative Assistant
(701) 787 - 7600
NURSING
Jacinda Wood, RN
Director of Personal Care Services
(701) 787 - 7611
Laura Schauer, RN
Charge Nurse
(701) 787 - 7618
LIFE ENRICHMENT
Terri Heggie
Coordinator
(701) 787 - 7615
DINING SERVICES
Sophie Sebelius
Director
(701) 787 - 7626
Peter Brack
Dining Services Assistant
(701) 787 - 7619
BUSINESS
Therese Brierley
Billing Clerk
(701) 787 - 7823
HOUSEKEEPING & MAINTENANCE
Jim Belbas
Director of Environmental Services
(707) 787 - 7614

Jessie B. is November resident of the month. Her life has been filled with family events, stories and collections.

During high school she played the center position for the girls basketball team, the Blue Jays. After she finished a game she would be a cheerleader for the boy's team. As a sophomore she moved to Grand Forks and lived with an aunt and uncle.

Her dream career was to be a court reporter. She earned a secretarial certificate from Aakers Business College. Jessie says, "I was able to type 120 words per minute."

When she married, Grand Forks became the permanent location. Her career included many interesting roles; secratery to the chief of police and for Grand Forks Social Services.

Jessie moved into Tufte Manor three years ago. Jessie shares, "I have three children Joyce, Jane and Jim. Jim 100% looks after me. He has a heart of gold. Joyce is the creative one. She decides how to display all my collections.." Brooklyn, Jim's daughter, often visits and enjoys doing crafts with Jessie. "I love to color and creating." Jessie said.

Joyce shares her mom's other part-time love, shopping. Joyce said, "Mom always taught us to help out. One year she wrapped 700 gifts. Another year mom shopped for an entire family at Christmas."

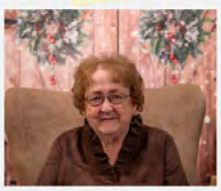


Jessie with Brooklyn and Joyce's dog, Willow.



Jessie and Joyce with the biscuit jar.

This article was submitted by Linda Kay N. a current resident at Tufte Manor. Linda Kay began her career at The Bismarck Tribune and the Mandan Morning Pioneer before moving to the Hazen Star, Beulah Beacon and Center Republican.



Linda Kay N.

HAPPY BIRTHDAY

Resident

Nov. 10 - Peggy B.
Nov. 17 - Betty B.
Nov. 19 - Joe K.

Care Partner

Nov. 2 - Terri H. Life Enrichment
Nov. 4 - Katherine H. - Nursing
Nov. 4 - Austin H. - Nursing
Nov. 13 - Daniel S. - Nursing
Nov. 14 - Linda C. - Beautician
Nov. 19 - Matt G. - Dining Services
Nov. 29 - Jasmine K. - Dining Services
Nov. 30 - Christine G. - Nursing

Now twice a month!

Resident Revelation
(Faith Gathering)

Sunday - Nov. 1st - 10:00am
Sunday Nov. 15th 10:00am
Tufte Manor Chapel/Lounge
Come hear a resident's message of faith

Resident organized and open to all!

Beading



No experience needed!

Thursday, Nov. 5 - 1:00pm
Sunday, Nov. 29 - 1:00pm

Another FUN resident lead activity!

Thanksgiving Worship

Wednesday, Nov. 25
3:00pm



Want to try a couple different card games?

Nov. 14 @ 1:00pm
Hand & Foot
Nov. 28 @ 1:00pm
Back Alley

Sandy T. will be your instructor!



FROM ALL
TUFTE MANOR STAFF

STAY CONNECTED!

Visit our website for a look at this month's upcoming events:
https://valleyseniorliving.org/activity-calendars/

Our resident e-mail address is TufteTenants@hotmail.com. The front desk will print e-mails daily, and residents can pick them up with their postal mail.

Beauty Shop open on Wednesday & Friday
Bingo every Monday at 1:00pm
Bingo every Thursday for prizes at 10:00am
Movie and popcorn on Sunday
Music with Lindsey on Tues. & Thur.
Bible Study every Monday at 3:00pm
Worship every Thursday at 3:00pm
Catholic Services every Wednesday at 10:00am
Worship on Channel 98 every Sunday at 10:00am and 11:00am

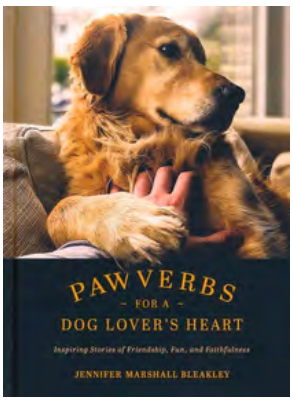
List 3 things you are grateful for!

Retirement
— PARTY —

For Linda Christy

Friday, Nov. 20
at 3:00pm





Book Club!

Nov. 3rd 1:00pm
Nov. 18th 1:00pm



Men's Group

Nov. 11th 9:00am
Nov. 25th 9:00am

in the lounge



Join us!
Friday, Nov. 13
1:00pm

Pie with an officer from the Grand Forks Police Department

Community Meet & Greet

Grand Forks
City Area Transit

Tuesday, Nov.17
1:00pm





Dinner Outing
Wednesday, Nov. 18
3:30pm
You must sign up!



Make and Take

Sugar Scrub

Wednesday
Nov. 25th
12:30pm

Back by popular demand!
Music with Delores Clark and Yen!
Saturday, November 7th 2:00pm

A tribute to Veteran's

We will once again take resident **HOLIDAY PHOTOS**. This year they will be taken on **Nov. 18th and 20th** in the lounge area. Photos hours will be from **2:00pm - 3:00pm** both days. Each resident will receive 5 cards with envelopes free.
If you would like to order extra photos they will be .60 each and must be ordered in increments of 5.

Please fill out the bottom half of the form you've received and turn into Summer with payment for extra photos to Summer by Friday, Dec. 4th.
Payment for extra photos must be paid to Summer, by Dec. 4th.

If you have any questions please let Terri or Juanita know.