



JULY, 2026

WHEATLAND NEWSLETTER

HOW TO REACH US

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Director of Environmental Svcs.

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VSL on 42nd & Cherry Street
Therese Brierley
(701) 787-7823

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Charles "Bud" Johnson
(701) 787-7895



HAPPY INDEPENDENCE DAY!

Why do we celebrate the 4th of July?
Here is what the fireworks are all about.

The 4th of July is almost here.
Fireworks, parades, American flags
displayed proudly, fun summer

activities, and of course backyard barbecues, and patriotic
desserts.

While all of these things are part of the reason we celebrate
the 4th of July, the real reason we celebrate is America's
independence from the British Empire. Over the years, it's
become more of a general source of patriotism and pride.

July 4 is significant because it's the anniversary of the
adoption of the Declaration of Independence by the
Continental Congress, a governing body with delegates from
the 13 American colonies. The document, largely written by
Thomas Jefferson, officially declared the United States of
America's independence from British rule.

Valley on 42nd's annual Patriotic Parade will be on Thursday,
July 2 at 10:30 am. All residents, friends, families, and staff are
welcome! If you would like us to help you decorate your
walker, wheelchair, scooter or yourself, please meet in the
Fireside Room at 9:30 am. We look forward to filling our
parking lot with red, white, and blue!



HAPPY 250th BIRTHDAY AMERICA!



JUNE CORNHOLE TOURNAMENT



Congratulations to **ANDY SWANSON** and **KATHY TUFTE!**

They are the new champions of the quarterly cornhole tournament and they have the trophies to prove it!

They'll keep the trophies for now, and can use them to motivate themselves for the next tournament in September.

We had a beautiful day on the patio with many residents coming out to cheer on the teams. Afterwards, we all enjoyed a root beer float.

U.S. POSTAL SERVICE PRICE INCREASE

Effective Sunday, July 12, postage will increase by \$.04 for a first-class postage stamp. The new rate will increase the cost of a stamp from \$.78 to \$.82. A book of 20 stamps will be \$16.40 and a roll of 100 stamps will be \$82.00.

Please see Jodi or Cheryl to get your stamps before the increase.

NO MAIL

In observance of the 4th of July/Independence Day Holiday, there will be no mail delivery on Saturday, July 4.

MEALS

If you are not going to be here for a meal, please contact the PCA office at 701-885-2431, or the kitchen at 701-787-7805. If you don't show up at meal time, the PCAs will call to see if you're coming to the meal. To save everyone a step, please sign out and let the PCA office or the kitchen know you won't be here for the meal. Thank you!

SPECIAL BREAKFAST/TAKE OUT TUESDAY

The date for the next **Special Breakfast** is Thursday, July 23. Waffles will be served.

The next **Take out Tuesday** for Wheatland residents and staff will be July 28. A chicken meal from Hugo's will be served at lunch time.

COOKIE CHALLENGE FUNDRAISER

Join us for the Cookie Challenge Fundraiser on Thursday, July 16 from 1:00-3:00 pm in the auditorium. Stop in anytime to taste-test cookies and vote for your favorite.

Wheatland residents will be choosing the kind of cookie they would like to enter and will be baking them on Wednesday, July 15. All proceeds will go to benefit the Listen Center.

BIRTHDAY ACKNOWLEDGEMENTS

Each month the residents who have birthdays during the month are listed in the newsletter, recognized during lunch, and their names printed on a poster. If you would rather **NOT** be acknowledged, please let Jodi (701-787-7621) know.

JULY BIRTHDAYS

RESIDENTS

Saturday, July 4	Karen Fortman
Sunday, July 5	John Knauf
Tuesday, July 7	Neil Block
Monday, July 13	Mary Dinkel
Sunday, July 26	Larry Leiss
Wednesday, July 29	Marj Radie
Friday, July 31	Emily Rapacz

STAFF

Thursday, July 9	Tammy Cleem
Sunday, July 12	Mia Gubbels
Sunday, July 19	Sabrina Byrd
Tuesday, July 28	Tonya Gramm



GOLF BALL DROP

Purchase a Chance to Win Up to \$4,000!

The Valley Senior Living Golf Classic's Golf Ball Drop is back and sales are underway! Numbered golf ball entries are \$10 per ball. Your entry into this 50/50 contest provides you a chance to win up to \$4,000 cash. At the close of this year's golf tournament on July 16, all numbered golf ball entries will be dropped from a lift at King's Walk golf course and the closest to the hole wins. You do not need to be present to win.

Proceeds from the 2026 Ball Drop, will benefit Intergenerational Programs and the Greg V. Hanson Nursing Scholarship program. You can get your golf ball(s) and chance to win from either Jodi or Cheryl. Cash or check are accepted payment options.

MEDICAL APPOINTMENTS

As a reminder, if you have a medical appointment and need to schedule the van for transportation, please see the nurse as soon as you know about the appointment. She will schedule the van and send information with you to give to your physician.

If for some reason your appointment has been cancelled, please let us know as soon as possible so transportation doesn't have to make an unnecessary stop.

Transportation will accommodate you the very best they can. Because of their busy schedule, they can only wait 15 minutes so please be down at the front desk at least 10 minutes before your scheduled pick up time so you don't miss your appointment. Thank you!

JULY EVENTS

Tuesday, July 7	Speakers: Terry & JoAnn Johnson “Birds of Grand Forks and Beyond”	2:30 pm	Auditorium
Thursday, July 2	Patriotic Parade	10:30 am	WT North Door
Saturday, July 4	4 th of July (NO MAIL) Karen Fortman Birthday Celebration- ALL WELCOME	1:00 pm	Fireside Room
Thursday, July 16	Cookie Challenge - ALL WELCOME	1:00-3:00 pm	Auditorium
Friday, July 10	Scenic Drive (SIGN UP IN FIRESIDE ROOM)	1:30 pm	
Saturday, July 11	Ellen O'Connor Birthday Celebration - ALL WELCOME	2:00 pm	Fireside Room
Tuesday, July 14	Town Meeting - ALL WELCOME	2:30 pm	Fireside Room
Friday, July 17	Music - Too Old to Die Young	2:30 pm	Auditorium
Monday, July 20	Summer Watermelon Social	2:00 pm	Patio
Wednesday, July 22	Craft with Arts for Vets - ALL WELCOME	1:30 pm	Fireside Room
Friday, July 24	Scenic Drive & Picnic (SIGN UP IN FIRESIDE ROOM)	11:00 am	
Tuesday, July 28	Monthly Birthday Celebration	2:30 pm	Fireside Room
Friday, July 31	Meet your Neighbors & Build your own Sundae	2:00 pm	Fireside Room

** Mondays - am - Music with Mary Dawn/ pm - Music with Lindsey

** Tuesdays - am - Catholic Mass/ pm - Bingo

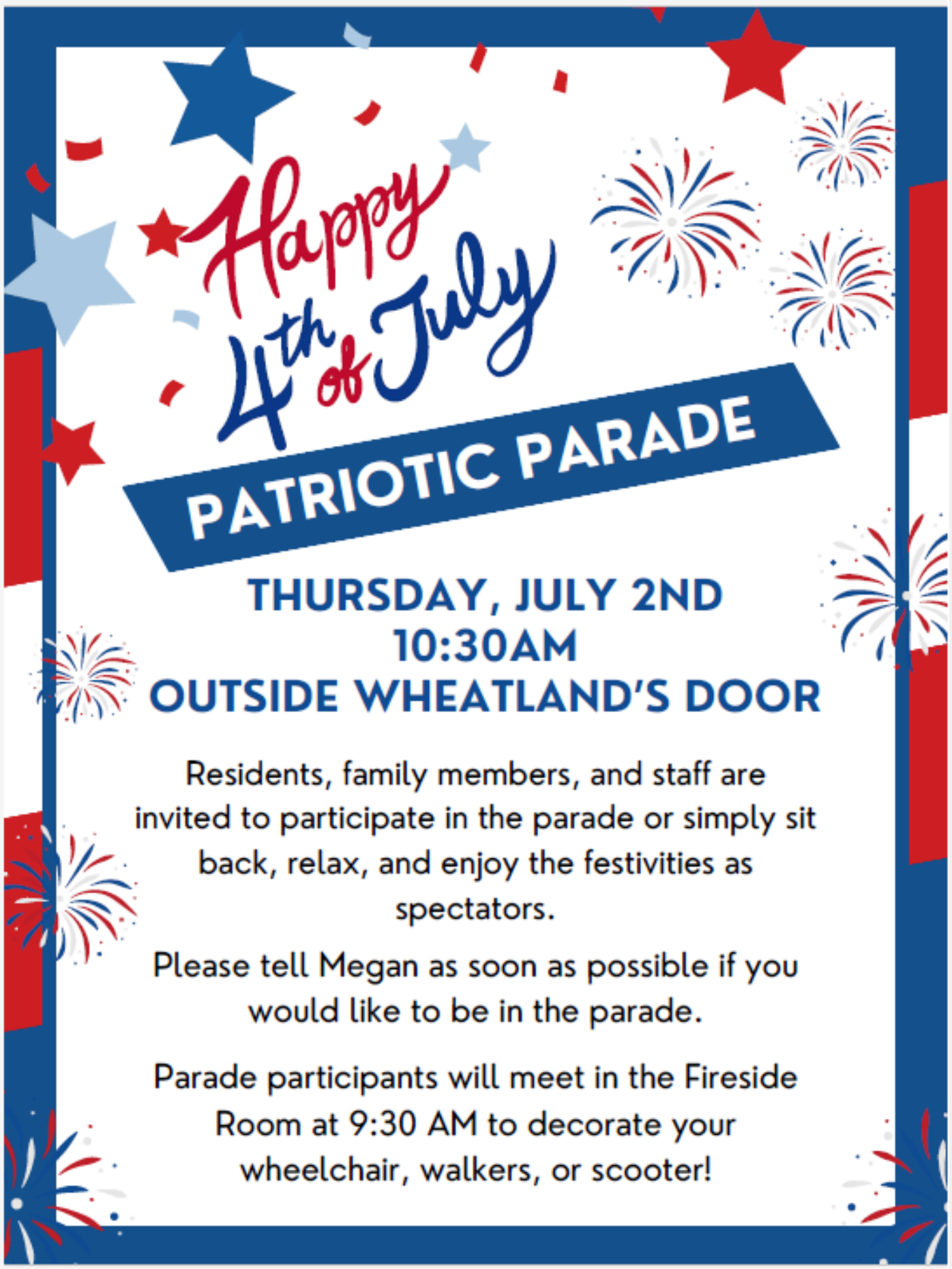
** Wednesdays - Worship Service

** Thursdays - News & Brews (Subject to change)

Thursdays - Shopping **(SIGN UP IN FIRESIDE ROOM)

** Fridays - Manicures

** Sundays - Worship Service (Channel 98)



*Happy
4th of July*

PATRIOTIC PARADE

**THURSDAY, JULY 2ND
10:30AM**

OUTSIDE WHEATLAND'S DOOR

Residents, family members, and staff are invited to participate in the parade or simply sit back, relax, and enjoy the festivities as spectators.

Please tell Megan as soon as possible if you would like to be in the parade.

Parade participants will meet in the Fireside Room at 9:30 AM to decorate your wheelchair, walkers, or scooter!

**Want a chance
to win up to
\$4,000?**



50/50 Cash Prize

**Win up to \$4,000 if all balls sold!
\$10 per ball (800 golf balls on sale until sold out)**

GOLF BALL DROP

**Thursday,
July 16, 2026**

5 PM

**King's Walk
Golf Course**

- 1. BUY A GOLF BALL \$10**
- 2. BALLS DROPPED FROM
LIFT OVER HOLE**
- 3. GOLF BALL IN THE HOLE
(OR CLOSEST) WINS**

Entry fees are \$10 per golf ball.

Each participant will be entered into the Golf Ball Drop to take place on **July 16, 2026** at approximately 5:00 pm. Participants may enter more than once and do not need to be present to participate or win. Participants will be assigned numbered golf balls based on their entry.

Buckets of numbered golf balls will be dropped from a lift over the designated hole. Participants can watch the golf ball drop.

The first golf ball in the hole or the one closest to the hole wins a cash prize up to \$4,000 - 50% raised from all golf balls sold, the other 50% of proceeds will be donated to Valley Senior Living Foundation. Winner will be announced at the tournament awards.

* If multiple balls land in hole, a drawing of one ball will be held immediately.

Call 701.787.7997 or email shavis@valleyseniorliving.org