

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

Wheatland Terrace

			<p>9:30a Exercise (FR) 1</p> <p>10a Video: 250 years of American History (FR)</p> <p>1:30p Wheel of Fortune (FR)</p> <p>3p Worship Service (A)</p> <p>3:45p Coffee & Fellowship(FR)</p> <p>Canada Day</p>	<p>9:30a Decorate wheelchairs and walkers for the Parade(FR) 2</p> <p>10:30a Patriotic Parade (Outside Wheatland's Door)</p> <p>1p Shopping: Hugo's/Walmart...Sign Up Sheet in FR</p> <p>2:30p Coffee & Visit (FR)</p> <p>3p Bible Study (FR)</p>	<p>No Activities Today 3</p>	<p>4TH OF JULY 4</p> <p>1p Karen Fortman's Birthday Celebration (FR)</p> <p>Independence Day (U.S.)</p>
<p>10a Worship Service (TV) 5</p> <p>2:30p Coffee & Visit (FR)</p>	<p>9:30a Exercise (FR) 6</p> <p>10:15a Piano Music w/Mary Dawn (FR)</p> <p>2p Bingo: Hosted by GF Public Library (FR)</p> <p>3:30p Virtual Reality Discovery Hour (FR)</p>	<p>9:30a Exercise (FR) 7</p> <p>10a Catholic Mass (A)</p> <p>1p Bingo (FR)</p> <p>2:30p Speakers: Terry & Joanne Johnson "Birds of Grand Forks and Beyond" (A)</p>	<p>9:30a Exercise (FR) 8</p> <p>10a Valley Voices Choir (A)</p> <p>1:30p Tabletop Bowling (FR)</p> <p>3p Worship Service (A)</p> <p>3:45p Coffee & Fellowship(FR)</p>	<p>9:30a Exercise (FR) 9</p> <p>10a News & Brews (FR)</p> <p>10:45a Gardening (C)</p> <p>1p Shopping: Hugo's/Target...Sign Up Sheet in FR</p> <p>2:30p Coffee & Visit (FR)</p> <p>3p Bible Study (FR)</p>	<p>9:30a Exercise (FR) 10</p> <p>10a Manicures (FR)</p> <p>1:30p Scenic Drive to Mayville Rainbow Garden...Sign Up Sheet in FR</p>	<p>2p Ellen O'Connor's Birthday Celebration (FR) 11</p>
<p>10a Worship Service (TV) 12</p> <p>2:30p Coffee & Visit (FR)</p>	<p>9:30a Exercise (FR) 13</p> <p>10:15a Piano Music w/Mary Dawn (FR)</p> <p>1:15p Dog Therapy Visits (FR)</p> <p>2:15p Craft: Citrus Print Tote Bags (FR)</p> <p>3:30p Music w/Lindsey (FR)</p>	<p>9:30a Exercise (FR) 14</p> <p>10a Catholic Mass (A)</p> <p>10:45a Chimes w/Lindsey (A)</p> <p>1:30p Bingo (FR)</p> <p>2:30p Town Meeting (FR)</p> <p>3p Cards/Games (FR)</p> <p>Bastille Day</p>	<p>9:30a Exercise (FR) 15</p> <p>10a Valley Voices Choir (A)</p> <p>1:30p Baking Bash: Cookies for tomorrows challenge (FR)</p> <p>3p Worship Service (A)</p> <p>3:45p Coffee & Fellowship(FR)</p>	<p>9:30a Exercise (FR) 16</p> <p>10a News & Brews (FR)</p> <p>1-3p Cookie Challenge (A)</p> <p>1p Shopping: Hugo's/Walmart...Sign Up Sheet in FR</p> <p>2:30p Coffee & Visit (FR)</p> <p>3p Bible Study (FR)</p>	<p>9:30a Exercise (FR) 17</p> <p>10a Manicures (FR)</p> <p>1:30p Trivia (FR)</p> <p>2:30p Music: Too Old to Die Young (A)</p>	<p>2:30p Coffee & Visit (FR) 18</p>
<p>10a Worship Service (TV) 19</p> <p>2:30p Coffee & Visit (FR)</p>	<p>9:30a Exercise (FR) 20</p> <p>10:15a Piano Music w/Mary Dawn (FR)</p> <p>2p Summer Watermelon Social (C)</p> <p>3:30p Music w/Lindsey (FR)</p>	<p>9:30a Exercise (FR) 21</p> <p>10a Catholic Mass (A)</p> <p>10:45a Chimes w/Lindsey (A)</p> <p>1:30p Bingo (FR)</p> <p>2:30p Coffee & Visit (FR)</p> <p>3p Cards/Games (FR)</p>	<p>9:30a Exercise (FR) 22</p> <p>10a Valley Voices Choir (A)</p> <p>1:30p Craft w/Arts for Vets: All WT Residents are Welcome (FR)</p> <p>3p Worship Service (A)</p> <p>3:45p Coffee & Fellowship(FR)</p>	<p>9:30a Exercise (FR) 23</p> <p>10a News & Brews (FR)</p> <p>1p Shopping: Hugo's/Walmart...Sign Up Sheet in FR</p> <p>2:30p Coffee & Visit (FR)</p> <p>3p Bible Study (FR)</p>	<p>9:30a Exercise (FR) 24</p> <p>10a Manicures (FR)</p> <p>11a Outing: Picnic at Turtle River State Park...Sign Up Sheet in FR</p> <p>3:00p Jackpot Bingo: 2 Cards for \$1 (FR)</p>	<p>2:30p Coffee & Visit (FR) 25</p>
<p>10a Worship Service (TV) 26</p> <p>2:30p Coffee & Visit (FR)</p>	<p>9:30a Exercise (FR) 27</p> <p>10:15a Piano Music w/Mary Dawn (FR)</p> <p>1:30p Calendar Planning (C)</p> <p>2:15p Jeopardy (FR)</p> <p>3:30p Music w/Lindsey (FR)</p>	<p>9:30a Exercise (FR) 28</p> <p>10a Catholic Mass (A)</p> <p>1:30p Bingo (FR)</p> <p>2:30p Monthly Birthday Celebration (FR)</p> <p>3p Cards/Games (FR)</p>	<p>9:30a Exercise (FR) 29</p> <p>10a Valley Voices Choir (A)</p> <p>1:30p Virtual Reality Travel Adventures (FR)</p> <p>3p Worship Service (A)</p> <p>3:45p Coffee & Fellowship(FR)</p>	<p>9:30a Exercise (FR) 30</p> <p>10a News & Brews (FR)</p> <p>10:45a Gardening (C)</p> <p>1p Shopping: Hugo's/JCPenney's...Sign Up in FR</p> <p>2:30p Coffee & Visit (FR)</p> <p>3p Bible Study (FR)</p>	<p>9:30a Exercise (FR) 31</p> <p>10a Manicures (FR)</p> <p>2p Meet your Neighbors & Build a Sundae (FR)</p>	<p>2:30p Coffee & Visit (FR)</p>

Key: (A) Auditorium, (FR) Fireside Room, (C) Courtyard, (TV) Channel 98.....All activities are subject to change as events may arise!