

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2026 Lanark			1 9:30 am Patio Time 1 pm Mail Delivery 2 pm Chair Yoga 3 pm Cosmic Brownies and Coffee	2 Am Care Conferences 10 am Worship Service - BC 1 pm Mail Delivery 2 pm 4th of July Party	3 10a Painting Finger Nails- DR 1 pm Mail Delivery 2p Name that Tune & Patriotic Snack- DR	4 2 pm Snack - Center Court Independence Day (U.S.)
5 9 am Visits - RV & RS 10 am Worship Service - Channel 98 Only 1:30 pm Movie & Popcorn - DR "Son In Law" (93)	6 9:30 am Rosary - DR 10 am Nail Painting 1 pm Mail Delivery 2 pm Bingo - BC 3:30 pm 1:1 Visits	7 9:30 am Mass - Channel 98 or Channel 74 Only 10 am Ball Darts 1 pm Mail Delivery 1:30 pm Shopping @ Walmart - RSVP 2 pm Movie - "Dirty Dancing" (87)	8 9:30 am Patio Time 1 pm Mail Delivery 2 pm Resident Menu Committee - DR 3:30 pm Bible Study - BC	9 Am Care Conferences 10 am Music - BC 1 pm Mail Delivery 1:15 pm Quality of Life Meeting 2 pm Bingo - BC 3:30 pm Sugar cookies and Coffee	10 9:30 am Music - BC 10 am Worship Service - BC 1 pm Mail Delivery 2 pm Chair Wash - Bethesda Courtyard	11 10 am Pet Therapy - VT & LK 1 pm Mail Delivery 1:30 pm Movie & Popcorn - DR "Encino Man" (92)
12 9 am Visits - AL & VT 10 am Worship Service - Channel 98 Only 1:30 pm Craft - DR 6:30 pm Bible Study - DR	13 9:30 am Rosary - Channel 98 Only 10 am Community Culture Meeting - Community Room 1 pm Mail Delivery 2 pm Bingo - BC 3:30 pm Calendar Planning	14 9:30 am Mass - Channel 98 or Channel 74 Only 10 am Table Bowling 1 pm Mail Delivery 2 pm Craft with Wonder years Daycare Kids	15 9:30 am Patio Time 1 pm Mail Delivery 2 pm Resident Council 3:30 pm Bible Study - BC	16 Am Care Conferences 10 am Music - BC 1 pm Mail Delivery 2 pm Bingo - BC 3:30 pm Nail Painting	17 9:30 am Music - BC 10 am Worship Service - BC 1 pm Mail Delivery 2 pm Fishing at Red River - RSVP	18 9:30 am News Update & Pastries - DR 1 pm Mail Delivery 1:30 pm Movie & Popcorn - DR "American Graffiti 2" (79)
19 9 am Visits - LK & RV 10 am Worship Service - Channel 98 Only 1:30 Craft - DR	20 9:15 am Movie - "Old Yeller" (57) 9:30 am Rosary - DR 1 pm Mail Delivery 2 pm Bingo - BC 3:30 pm 1:1 Visits	21 9:30 am Mass - Channel 98 or Channel 74 Only 9 am Fishing at Larimore Dam - RSVP	22 9:30 am Patio Time 1 pm Mail Delivery 2 pm Kerplunk 3:30 pm Bible Study - BC	23 Am Care Conferences 10 am Music - BC 1 pm Mail Delivery 2 pm Bingo with Wonder Years Daycare Kids - BC	24 9:30 am Music - BC 10 am Worship Service - BC 1 pm Mail Delivery 1:30 pm Amelia Earhart movie and snack	25 9:30 am News Update & Pastries - DR 1 pm Mail Delivery 1:30 pm Movie & Popcorn - DR "CaddyShack" (80)
26 9 am Visits - RS & AL 10 am Worship Service - Channel 98 Only	27 9:30 am Rosary - Channel 98 Only 10 am Community Culture Meeting - Community Room 1 pm Mail Delivery 2 pm Bingo - BC 3:30 pm Nail Painting	28 9:30 am Mass - Channel 98 or Channel 74 Only 10 am Ball Darts 1 pm Mail Delivery 1:30 pm Shopping @ Walmart - RSVP 2 pm Movie - 50 First Dates (04)	29 9:15 am 1:1 Visits 10 am Library Bingo 1 pm Mail Delivery 1:30 pm Craft 3:30 pm Bible Study - BC	30 Am Care Conferences 10 am Music - BC 1 pm Mail Delivery 2 pm Bingo - BC 3:30 pm Cheesecake and Coffee	31 9:30 am Music - BC 10 am Worship Service - BC 1 pm Mail Delivery 2 pm Outdoor Games and Popsicles	

Interested in Volunteering? Visit valleyseniorliving.org or contact Kayla Gust at 701-787-7989.