

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

LANARK**BC-Bethesda Crossing
DR-Dakota Room**

February 2026

ALL ACTIVITIES SUBJECT TO CHANGE

| | | | | | | |
|--|---|--|---|--|--|---|
| 1 9 am Visits - RS & LK 10 am Worship Service - Channel 98 only 1:30 pm Craft/Games - DR | 2 9:30 am Rosary - DR 9:30 am Nails 10:15 am Visits 1 pm Mail Delivery 2 pm Bingo - BC 3:30 pm Air Fryer Tater Tots for National Tater Tot Day Groundhog Day | 3 9:30 am Mass - BC 9:30 am Bake brownies 10:15 am Ball Darts 1 pm Mail Delivery 1:30 pm Shopping @ Walmart - RSVP 2 pm Movie in the Family Room | 4 9:30 am News Update - DR 9:30 am Nails - Family Room 10:15 am Olympic Torch Craft 1 pm Mail Delivery 1:30 pm Chair Yoga - Family Room 3 pm Choir - BC 3:30 pm Bible Study - BC | 5 <u>A.M. CARE CONFERENCES</u> 1 pm Mail Delivery 2 pm Bingo - BC 3:15 pm Kathy N Birthday Party - Family Room Happy Birthday Kathy!! | 6 9:30 am Music - BC 10 am Worship Service - BC 10 am Bracelet Making 1 pm Mail Delivery 2:30 pm Rock Band - DR 3:30 pm Visits "Wear Red for your Heart" Vote for King & Queen of Hearts in Center Court | 7 9:30 am News Update & Pastries - DR 1 pm Mail Delivery 1:30 pm Movie & Popcorn - DR "The Little Rascals" (94) |
| 8 9 am Visits - RE & VT 10 am Worship Service - Channel 98 only 1:30 pm Super Bowl Party - DR 6:30 pm Bible Study - DR | 9 9:30 am Rosary - Channel 98 Only 10 am Community Culture Meeting - Community Room 11:15am Lanark Pizza Party 1 pm Mail Delivery 2 pm Bingo - BC 3:30 pm Coffee and Snacks Vote for King & Queen of Hearts in Center Court | 10 9:30 am Mass - BC 9:30 am Bake Cookies 10:15 am Trivia 1 pm Mail Delivery 1:30 pm Valentines for Altru NICU families - Family Room 3:15 pm Coffee and Cookies Vote for King & Queen of Hearts in Center Court | 11 9:30 am News Update - DR 10:15 am Calendar Planning 1 am Decorate cookies with Kelly Elementary Kids - BC 2 pm Mail Delivery 3 pm Choir - BC 3 pm Visits Vote for King & Queen of Hearts in Center Court | 12 <u>A.M. CARE CONFERENCES</u> 10 am Music - BC 1 pm Mail Delivery 2 pm Bingo - BC 3:30 pm Book Club Vote for King & Queen of Hearts in Center Court | 13 9:30 am Music - BC 9:30 am Visits 10 am Worship Service - BC 10:15 am Name that Tune 1 pm Mail Delivery 2:30 pm Chimes - DR 2:30 pm Valentines Craft "Wear Red for your Heart" | 14 9:15 am UND Hawks in Harmony - DR 1 pm Mail Delivery 1:30 pm Movie & Popcorn - DR "Jay Kelly" (25) Valentine's Day |
| 15 9 am Visits - AL & RS 10 am Worship Service - Channel 98 only 1:30 pm Craft/Games - DR | 16 9:30 am Rosary - DR 10:15 am Bake Birthday Cake 1 pm Mail Delivery 1:30 pm Shopping @ Walmart - RSVP 2pm Movie in Family Room 3:15 pm Birthday Party for Kaye. Happy Birthday Kaye!! | 17 9:30 am Mass - BC 9:30 am Visits 10 am Make Masks for Mardi Gras 1 pm Mail Delivery 2 pm Mardi Gras Party - BC 3 pm Mardi Gras Parade - BC Mardi Gras | 18 9:15 am Balloon Volleyball 10 am Ash Wednesday Worship Service - BC 10 am Fitness and Trivia 1 pm Mail Delivery 2 pm Resident Council - DR 3:15 pm Art and Wine - DR | 19 <u>A.M. CARE CONFERENCES</u> 10 am Music - BC 1 pm Mail Delivery 2 pm Bingo - BC 3:30 pm Ring Toss Game | 20 9:30 am Music - BC 9:30 am Rendever - Olympics 10 am Worship Service - BC 1 pm Mail Delivery 2:30 pm Rock Band - DR 2:30 pm Visits and Nails "Wear Red for your Heart" | 21 10 am Pet Therapy - VT & Lanark 1 pm Mail Delivery 1:30 pm Movie & Popcorn - DR "Marley and Me" (08) |
| 22 9 am Visits - LK & RE 10 am Worship Service - Channel 98 only 1:30 pm Craft/Games - DR | 23 9:15 am Name that Tune 9:30 am Rosary - Channel 98 Only 10 am Community Culture Meeting - Community Room 1 pm Mail Delivery 2 pm Bingo - BC 3:30 pm Visits | 24 9:30 am Mass - BC 9:30 pm Nails - Family Room 10:15 am Rendever Adventure 1 pm Mail Delivery 1:30 pm Shopping @ Walmart - RSVP 2pm Movie in Family Room | 25 9:15 am Visits 10 am Library Bingo - BC 1 pm Mail Delivery 2:45 pm Make Birthday Kits and have Cake - DR | 26 <u>A.M. CARE CONFERENCES</u> 10 am Music - BC 1 pm Mail Delivery 2 pm Valley's Casino Games - BC | 27 9:30 am Basketball Trivia 9:30 am Music - BC 10 am Worship Service - BC 1 pm Mail Delivery 2:30 pm Chimes - DR 2:30 pm Balloon Volleyball "Wear Red for your Heart" | 28 9:30 am News Update & Pastries - DR 1 pm Mail Delivery 1:30 pm Movie & Popcorn - DR "The Competition" (80) 3:30 pm Delores L Birthday Party |

Interested in volunteering? Visit valleyseniorliving.org or contact Kayla Gust at 701-787-7989.