

| Sunday                                                                                                                                         | Monday                                                                                                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                                                                                             | Thursday                                                                                                                                                            | Friday                                                                                                                                                                                                                                                                                                                  | Saturday                                                                                                                                                                         |
|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                |                                                                                                                                                                                                                                                                                                        | <div>1</div> <div>*9:30a Mass - BC</div> <div>10:15a Balloon Volleyball</div> <div>1:30p Shopping @ Wal-Mart-RSVP</div> <div></div> <div>Canada Day</div> | <div>2</div> <div>9:30-11a Strolls /Patio Time</div> <div>1:00p 1:1 Visits</div> <div>3p Choir - BC</div> <div>3:30p Bible Study - BC</div>                                                                                                                                                           | <div>3</div> <div>am Care Conference</div> <div>9:30a Music - BC</div> <div>*10a Worship Service - BC</div> <div>*2p Bingo - BC</div> <div>3:30p Book Club</div>    | <div>4</div> <div>2p Treats - CC</div> <div></div> <div>Independence Day (U.S.)</div>                                                                                                                                                | <div>5</div> <div>9:30a News Update &amp; Pastries - DR</div> <div>1:30p Movie &amp; Popcorn - DR</div> <div><i>Independence Day 2: Resurgence</i> (16)</div>                    |
| <div>6</div> <div>9a Visits</div> <div>*10a Worship Service</div> <div>1:30p Craft/Games - DR</div>                                            | <div>7</div> <div>*9:30a Rosary-DR</div> <div>10:15a Rock N Roll Trivia</div> <div>1p 1:1 Visits</div> <div>*2p Bingo-BC</div> <div>3:30p Popcorn and Coffee</div> <div>National Day of Rock N Roll</div> <div></div> | <div>8</div> <div>*9:30a Mass - BC</div> <div>10:15a Hula Hoop Ball Toss</div> <div>1:30p Scenic Drive - RSVP</div> <div>Happy Birthday, Ginnie!</div>                                                                                       | <div>9</div> <div>9:30-11a Strolls /Patio Time</div> <div>1:00p Calendar Planning</div> <div>1:45p Ginnie's Birthday Party</div> <div>3:30p Bible Study - BC</div> <div></div>                                     | <div>10</div> <div>am Care Conference</div> <div>10a Music - DR</div> <div>1:15p Quality of Life Meeting</div> <div>*2p Bingo - BC</div> <div>3:30p Book Club</div> | <div>11</div> <div>9:30a Music - BC</div> <div>*10a Worship Service - BC</div> <div>1p Bake Muffins</div> <div>2:15p Rock Band - DR</div> <div>3:00p Muffins and Coffee</div> <div>National Blueberry Muffin Day</div> <div></div>   | <div>12</div> <div>10a Pet Therapy-Riverside/VT/Almonte</div> <div>1:30p Movie &amp; Popcorn - DR</div> <div><i>Bad News Bears</i> (05)</div> <div>Happy Birthday Shirley!</div> |
| <div>13</div> <div>9a Visits</div> <div>*10a Worship Service</div> <div>1:30p Craft/Games - DR</div> <div>6:30p Bible Reading Group - BC</div> | <div>14</div> <div>*9:30a Rosary - Channel 98 only</div> <div>10a Community Culture-Community Room</div> <div>*2p Bingo - BC</div> <div>3:15p Shirley's Birthday Party</div>                                                                                                                           | <div>15</div> <div>*9:30a Mass - BC</div> <div>9:00a-4p Fishing/Picnic @ Golden Lake, ND - RSVP</div> <div></div>                                        | <div>16</div> <div>9:30-11a Strolls /Patio Time</div> <div>1p Nails</div> <div>2p Resident Council - DR</div> <div>3p Choir - BC</div> <div>3:30p Bible Study - BC</div>                                                                                                                              | <div>17</div> <div>am Care Conference</div> <div>10a Music - DR</div> <div>1p 1:1 Visits</div> <div>*2p Bingo - BC</div> <div>3:30p Book Club</div>                 | <div>18</div> <div>9:30a Music - BC</div> <div>*10a Worship Service - BC</div> <div>1:30p Chimes - DR</div> <div>2:30p Tea Towel Liquid Embroidery - DR</div>                                                                                                                                                           | <div>19</div> <div>9:30a News Update &amp; Pastries - DR</div> <div>1:30p Movie &amp; Popcorn - DR</div> <div><i>Popeye</i> (80)</div>                                           |
| <div>20</div> <div>9a Visits</div> <div>*10a Worship Service</div> <div>1:30p Craft/Games - DR</div>                                           | <div>21</div> <div>*9:30a Rosary - DR</div> <div>10:15a Make Chocolate Chip Cookies and pickle dip</div> <div>*2p Bingo - BC</div> <div>3:30p Junk Food Snacks</div> <div>National Junk Food Day</div> <div></div>  | <div>22</div> <div>*9:30a Mass - BC</div> <div>10:15p Table Bowling</div> <div>1:30p Shopping @ Wal-Mart-RSVP</div> <div></div>                         | <div>23</div> <div>9:30-11a Strolls /Patio Time</div> <div>1p 1:1 Visits</div> <div>3p Choir - BC</div> <div>3:30p Bible Study - BC</div>                                                                                                                                                             | <div>24</div> <div>am Care Conference</div> <div>10a Music - DR</div> <div>1p Nails</div> <div>*2p Bingo - BC</div> <div>3:30p Book Club</div>                      | <div>25</div> <div>9:30a Music - BC</div> <div>*10a Worship Service - BC</div> <div>1p 1:1 Visits</div> <div>2:15 Music Trivia with Hot Fudge Sundaes - DR or Courtyard</div> <div>National Hot Fudge Sundae Day</div> <div></div> | <div>26</div> <div>9:30a News Update &amp; Pastries DR</div> <div>1:30p Movie &amp; Popcorn - DR</div> <div><i>Queen Bees</i> (21)</div>                                         |
| <div>27</div> <div>9a Visits</div> <div>*10a Worship Service</div> <div>1:30p Craft/Games - DR</div>                                           | <div>28</div> <div>*9:30a Rosary - Channel 98 only</div> <div>10a Community Culture-Community Room</div> <div>*2p Bingo - BC</div> <div>3:30p 1:1 Visits</div> <div></div>                                          | <div>29</div> <div>*9:30a Mass - BC</div> <div>11a-1p United Church Lunch Program - RSVP</div> <div>2p Shopping @ Dollar Tree - RSVP</div> <div></div>  | <div>30</div> <div>10a GF Library Bingo - BC</div> <div>1p Documentary about Mount Everest</div> <div>3p Choir - BC</div> <div>3:30p Bible Study - BC</div> <div>National Climb a Mountain Day</div> <div></div> | <div>31</div> <div>am Care Conference</div> <div>10a Music - DR</div> <div>1p 1:1 Visits</div> <div>*2p Bingo - BC</div> <div>3:30p Book Club</div>                 | <div> <b>BC-Bethesda Crossings</b><br/> <b>DR-Dakota Room</b><br/> <b>CC-Center Court</b><br/> <b>*VC-Channel 98</b><br/> <b>All activities are subject to change.</b> </div>                                                      |                                                                                                                                                                                  |

Interested in volunteering? Visit [valleyseniorliving.org](http://valleyseniorliving.org) or contact Kayla Gust at 701.787.7989.