



# VALLEY MONTHLY HIGHLIGHTS

Volume 30, Issue 8 --- August 2023

## WELCOME NEW EMPLOYEES

### Valley on Columbia

|                   |                |
|-------------------|----------------|
| Sonia Dickmu      | Kerly Jungong  |
| Gabriel Dryden    | Dylan Rose     |
| Adelina Estrada   | Jodi Soderberg |
| Alex Sander Jundt |                |

### Woodside Village

|                 |                       |
|-----------------|-----------------------|
| Anna Barcome    | Mackenzie Rick-Moores |
| Destanee Black  | Robin Sickels         |
| Alexandra Brice | Elvic Tran            |
| Nicole Hanson   |                       |

### Town Square

|                    |               |
|--------------------|---------------|
| Paulette Bingham   | Ronica Helgoe |
| Mariam Chomakhidze | Danni Korynta |

### Wheatland Terrace

Zander Swartz

### Tufte Manor

Nura Kroeger

### CNA Class

|                    |                          |
|--------------------|--------------------------|
| TJordan Adelman    | Anelaonaloni Hughes-Fuse |
| Taylor Aloisio     | Justin Inglis            |
| Cassandra Anderson | Labrina Jose             |
| Magdelyn Austin    | Justine Kobetsky         |
| Christina Cain     | Mackenzie McFarland      |
| Samuel Darko       | Elise McFarren           |
| Hannah Degen       | Karla O'Brien            |
| Trystan Devries    | Nathan Pisen             |
| Gerelyn Hope       |                          |

## Walk to End Alzheimer's Silent Auctions

Valley Senior Living will have silent auctions at both Valley on Columbia and Valley on 42nd. The money raised will go towards the Valley Senior Living team.

Auction Dates: August 14th-August 17th

### Walk Event Details

Saturday, September 16, 2023

9am - Registration

10am - Open Ceremony  
Sertoma Park



## Valley Senior Living August 2023 Longevity Recipients

### 5 YEARS

Beth Baril - WV Custodian  
Rhonda Perkerewicz - WV CNA  
Dustin Lorenzen - WT LPN

As employees celebrate their milestones in their career, VSL will be recognizing staff during their anniversary month. Staff's longevity award for years of service will be deposited into their account on the pay period following their anniversary date.

## Happy Health Unit Coordinator Week Aug 23rd-Aug 29th



Health Unit Coordinators are a vital position to ensuring resident care. We would like to recognize and thank Health Unit Coordinators for all that they do!

# Wellness Committee Updates

The Wellness Committee held a Hugo's gift card giveaway on July 19th during the staff picnic.

The winners of the gift cards were:

**CONGRATS**

**VC**

Madison Bartlette  
Emily Becker  
Sherri Smart  
Lorrie Lansing  
Heather Moen

**42nd**

Sara Kukowski  
Cory Brumwell  
Janet Moen  
Tammy Cleem  
**Tufte Manor**  
Bree Obah  
Cherie Stamper

For the month of August, the Wellness Committee will focus on the importance of hydration. More information to come from the committee throughout the month.

### Tips to stay hydrated from the CDC:

- Carry a water bottle with you and refill it throughout the day.
- Freeze some freezer safe water bottles. Take one with you for ice-cold water all day long.
- Choose water over sugary drinks.
- Opt for water when eating out. You'll save money and reduce calories.
- Serve water during meals.
- Add a wedge of lime or lemon to your water. This can help improve the taste.



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# AUGUST BIRTHDAYS

## Valley on Columbia

|                           |                         |
|---------------------------|-------------------------|
| Nadine Munging - 1        | Baillie Hanson - 19     |
| Shubhana Rai - 1          | Ruby Evans - 19         |
| Lorrie Lansing - 2        | Katie Eken - 19         |
| Justin Inglis - 2         | Mariah Thiery - 20      |
| Brandon Driscoll - 5      | Cassandra Anderson - 21 |
| Faith Taggart - 6         | Jennifer Thompson - 22  |
| Sheena Ganje - 7          | Javis Bauer - 22        |
| Joshua Abbott - 8         | Timothy Tuma - 24       |
| Ernestine Charbonneau - 8 | Jill Blasky - 24        |
| Ashlynn Birst - 8         | George Overby - 25      |
| Braden Thoreson - 8       | Allyson Hendricks - 25  |
| Alexis Barber - 10        | Susan Prestegard - 25   |
| Jennifer Enninga - 11     | Jessica Baumgarten - 26 |
| Hannah Schiele - 11       | Justine Kobetsky - 26   |
| Kimberly Duncombe - 12    | Benita Darji - 26       |
| Vivian Yantani - 12       | Sara Dockendorf - 27    |
| Caroline Hansen - 13      | Tyler Piche - 27        |
| Latashia Maske - 13       | Trystan Devries - 27    |
| Pamela Zenz - 17          | Quainta Morgan - 28     |
| Amanda Boursaw - 18       | Samuel Murphy - 30      |

## Woodside Village

|                              |                       |
|------------------------------|-----------------------|
| Kimberly O'Connor - 1        | Noel Heinle - 13      |
| Lindsey Nelson - 4           | Makenna Langston - 19 |
| Dakota Turgeon - 4           | Madison Towers - 20   |
| Mansata Badji - 5            | Abigail Moe - 21      |
| Chelsey Gerszewski - 7       | Beth Baril - 23       |
| Lindsay Vaughan - 7          | Arpana Rai - 27       |
| Deisy Gonzalez Hernandez - 9 | Kathryn Tufte - 27    |
| Gina Wrightsman - 11         | Angie Praska - 28     |
| Blake Johnson - 12           | Erin Ortloff - 29     |
| Elvic Tran - 12              | Monica Slaughter - 30 |

## Townsquare

|                     |                       |
|---------------------|-----------------------|
| Leroy Helmoski - 10 | Mckenzie Tindall - 13 |
|---------------------|-----------------------|

## Wheatland Terrace

Dustin Lorenzen - 1

## Tufte Manor

|                      |                       |
|----------------------|-----------------------|
| Traci Olson - 3      | Twyla Bartel - 20     |
| Susan Halverson - 10 | Taylor Kenner - 22    |
| Dorothy Gomez - 13   | Danielle Boushee - 26 |



VSL HIGHLIGHTS STAFF

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