



TUFTE TIDINGS

May 2026

Tufte Manor - 3300 Cherry Street - Grand Forks, ND 58201 (701) - 787 - 7600

ADMIN

Angie Goulet, RN

Administrator

(701) 787 - 7616

Summer Rainoshek

Administrative Assistant

(701) 787 - 7600

NURSING

Jacinda Wood, RN

Director of Personal Care Services

(701) 787 - 7611

Laura Schauer, RN

Charge Nurse

(701) 787 - 7618

LIFE ENRICHMENT

Terri Heggie

Coordinator

(701) 787 - 7615

DINING SERVICES

Sophie Sebelius

Director

(701) 787 - 7626

Peter Brack

Dining Services Assistant

(701) 787 - 7619

BUSINESS

Therese Brierley

Billing Clerk

(701) 787 - 7823

HOUSEKEEPING & MAINTENANCE

Jim Belbas

Director of

Environmental Services

(701) 787 - 7614

May - Goals Met, New Goals Set

Graduation marks celebration of completing grade school, high school and beyond. Memories of school colors, mascots, classmates, special music, walking on stage to receive a diploma plus hugs from family and friends come to mind. Later decorated cake in school colors add to the day, questions about future plans, cards, banners and balloons and plenty of photos follow.

Edith graduated from Fordville High School then went on to Valley City State. She taught students in township schools in Walsh County and the Medford area. Edith's greatest joy she shares, is all of her 8 children graduating from Midway High School.

Mary Jane graduated from Fargo Central. "Then I went to Concordia where I majored in Public School Music." She sang in the choir while a special friends played in the Concordia band. "Music enhances ceremonies, graduation, weddings and anniversaries." To demonstrate, she played the opening notes to "Happy Birthday to You". "Pomp and Circumstance" is traditional for graduations. "You hear it and automatically think where you heard it at" she added.

Lyon almost forgot her own graduation this month. She graduates with an associate degree of science from Lake Region College. In mid July she will earn her LPN degree. "I like the fast pace of the job." Next year she will continue her health care studies to become a registered nurse.

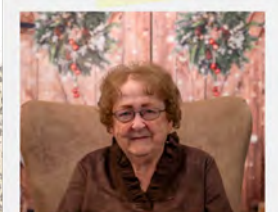
Kailey M. started working at Tufte Manor in February. During her senior year, Kaily added post secondary classes. That meant she earned her LPN degree at Northland Technical in 2 1/2 years. She joined her mother into the health care field. "I followed in her footsteps. I learned from the best," Kailey said.

Graduation memories and photos in albums or phones ever tucked into a wallet are shared at class reunions, family gatherings and visits with schoolmates far from home.

Linda Kay

This article was submitted by Linda Kay N. a current resident at Tufte Manor.

Linda Kay began her career at The Bismarck Tribune and the Mandan Morning Pioneer before moving to the Hazen Star, Beulah Beacon and Center Republican.



Linda Kay N.



MAY

Beauty Shop open on Wednesday & Friday
Bingo every Monday at 1:00pm
Bingo every Thursday for prizes at 10:00am
Movies on Saturday and Sunday
Music & Chimes with Lindsey on Tues. & Thur.
Bible Study every Monday at 3:00pm
Worship every Thursday at 3:00pm
Catholic Services every Wednesday at 10:00am
Worship on Channel 98 every Sunday at 10:00am and 11:00am



Father's Day "Omelette Bar" Sunday, June 14 from 7:00am - 9:00am (this will be held the Sunday before Father's Day)



OUTING UPDATES



We want to make sure as many residents as possible have the opportunity to enjoy our shopping outings.

Because transportation space is limited, particularly for residents who use wheelchairs, we are updating our sign-up process to help create more opportunities for everyone who would like to attend.

Beginning in May, participation in shopping trips will rotate among interested residents to ensure fair access.

Sign-ups for each week's outing will open on Monday of that week in the Life Enrichment office.

Thank you for your understanding as we work to make these outings enjoyable and accessible for all. If you have questions, please contact Terri or Ciara.



Resident

May 7 - Mike H.

May 13 - Roxanne R.

May 21 - Terry B.

May 22 - Vaughn J.

May 23 - Janet R.

Care Partner

May 9 - Rachel B. Flex/Life Enrichment

May 11 - Lydia J. PCA/Nursing

May 12 - Lee W. PCA/Nursing

May 14 - Anna N. Dining Services

May 31 - Doreen R. LPN/Nursing



Friday, May 8

3:30pm

in the lounge

Mother's Day Celebration

UND Garden Club will be hosting a floral arrangement event.

Sunday, May 10

10:00am

in the lounge



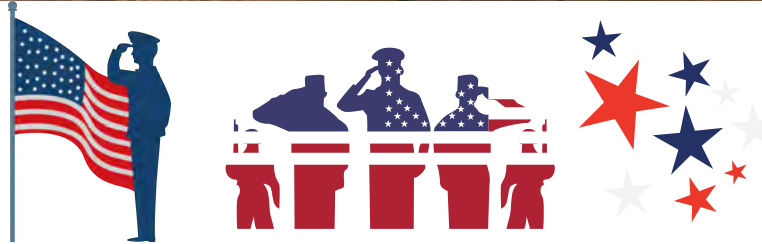
Special Mother's Day Gathering

Led by Everett Jones of Love in Action

MAY 15 2:30PM



Celebrate National Pizza Day with us!



Memorial Day is May 25

Tufte Manor Veterans

Leanord T. - Army

Duck F. - Marines

Walter S. and Jeff M.- Navy

TUFTE MANOR WELCOMES

"THE FORKS 4 SAXOPHONE QUARTET

MAY 13 AT 1:00PM

AND

"TRIPLICITY"

MAY 21 AT 1:30PM



SAVE THE DATE

June 18, 2026
Annual Family Picnic

YOU'RE
THE
BEST

Volunteering at Love In Action



focus
ON THE
good

Twinning with Shirley

Be
Happy



Edith celebrates with her
family and friends

You
are
enough

STAY CONNECTED!

Visit our website for a look at this month's upcoming events:
<https://valleyseniorliving.org/activity-calendars/>



Mary signing the wall

Our resident e-mail address is TufteTenants@hotmail.com. The front desk will print e-mails daily, and residents can pick them up with their postal mail.