



# VALLEY MONTHLY HIGHLIGHTS

Volume 30, Issue 6 --- June 2023

## Welcome New Employees

### Valley on Columbia

|                   |                   |
|-------------------|-------------------|
| Amy Aldinger      | Anjali Nayar      |
| Lindsey Bohlman   | Emily Valascobaes |
| Allyson Hendricks | Kadericka Vickers |

### Woodside Village

|                  |                        |
|------------------|------------------------|
| Evan Fitzpatrick | Lilli Pokrzywinski     |
| Abigail Moe      | Angel Reigel-McKinstry |
| Alexis Perna     | Alexis Wilkens         |

### Town Square

|                |              |
|----------------|--------------|
| Allison Nelson | Erika Neshem |
|----------------|--------------|

### Wheatland Terrace

|                      |                  |
|----------------------|------------------|
| Elizabeth Gabrielson | Sandra MacGregor |
|----------------------|------------------|

### Tufte Manor

|                   |              |
|-------------------|--------------|
| Kathleen Davidson | Tara Rygh    |
| Allison Jepson    | Natalia Yuma |
| Gabe Keeley       |              |

### CNA Class

|                      |                     |
|----------------------|---------------------|
| Sagal Abdirahman     | Morgan Thein        |
| Kayla Bolden         | Gabrielle Valdellon |
| Lily Costello        | Kodiak Yakis        |
| Emmalee Dahl         | Megan Youngberg     |
| Adara Fish           | Tashyerra Allen     |
| Evan Gallagher       | Audrey Engstrom     |
| Raquel Linnenkamp    | Paige Kozak         |
| Lindsey Nelson       | Myranda McGee       |
| Eninlaloluwa Oluyomi | Sonia Okonkwo       |
| Ashton Schlegel      | Jerrylin Paye       |
| Kristen Schwengler   | Elena Rash          |
| Faith Taggart        |                     |

## Happy National Nursing Assistants Week June 14th-20th

We appreciate your  
compassion and dedication  
to provide quality care to  
our residents!

THANK  
YOU

## VSL's June 2023 Longevity Recipients

### 20 YEARS

Jenny Johnson - VC Transport Aide, CNA

### 15 YEARS

Sally Rude - VC Restorative Aide, CNA  
Marissa Kazmierczak - WV RN

### 5 YEARS

Nidia Figueroa Guzman - WV CNA

## Wellness Committee Sun Safety Tips



The CDC recommends the following tips to protect yourself from overexposure to UV rays and lower your skin cancer risk:

- Reapply sunscreen at least every 2 hours, or after swimming, sweating, or toweling off
- Stay in the shade, especially during late morning through mid-afternoon
- Wear a long sleeved shirt and pants if you can't stay in the shade

As employees celebrate their milestones in their career, VSL will be recognizing staff during their anniversary month. Staff's longevity award for years of service will be deposited into their account on the pay period following their anniversary date.



# 2023 ACE Meetings

Mandatory for **ALL** Valley Employees  
Sign up no later than **July 21st, 2023**

All sessions will be held at the Alerus Center

August 8th 12:00pm - 4:00pm

August 8th 5:00pm-9:00pm

August 9th 8:00am-12:00pm

August 9th 1:00pm-5:00pm

August 16th 8:00am-12:00pm

August 16th 1:00pm-5:00pm

August 17th 8:00am-12:00pm

August 17th 1:00pm-5:00pm

## WHERE TO SIGN UP:

Nursing: Contact the Scheduling Dept.

Other Depts.: Contact your Supervisor

All employees hired prior to July 31st, 2023 **MUST**  
attend one session.

If you don't sign up, you will be placed in a session.

## Greg V. Hanson Scholarship

Scholarships up to \$15,000 are available to give  
employees the opportunity to become a nurse.

### Eligibility criteria

- Regular status employee
- Have been employed for at least 3 years at VSL
- Have not been or are currently enrolled in a post secondary education courses
- Employee has had satisfactory evaluations

### If interested, please contact:

- Your supervisor
- Kaley at [klittlejohn@valleyseniorliving.org](mailto:klittlejohn@valleyseniorliving.org)  
or by calling 701-787-7545

**Applications are due to Human Resources  
by 6/24/2023**

Follow us on social media



## June Birthdays

### Valley on Columbia

John Rieth - 2  
Cristie Mitzel - 3  
Jennifer Allrich - 3  
Arlene Ulness - 3  
Donna Anderson - 4  
Alyssa Holland - 6  
Kari Schindler - 6  
Emily Becker - 6  
Raven Hernandez - 7  
Sarah Hall - 8  
Stanley Bannie - 8  
Amber Pearson - 9  
Sherri Smart - 10  
Tysha Bowman - 12  
Anjali Nayar - 12  
Joan Houde - 13  
Tessa Jennings - 13  
Leah Nelson - 14  
Peter Amin - 15

Kristin Harris - 15  
Lori Jerstad - 16  
Elise Bartel - 17  
Krubo Joploh - 18  
Jeffrey Ramsey - 18  
Duanyan Vaye-Wiah - 18  
Paige Karel - 19  
Cali Common - 20  
Dylan Frericks - 20  
Logan Keitzman - 20  
Josiane Megang - 21  
Kadericka Vickers - 23  
Lynn McGarry - 24  
Madison Connors - 27  
Monique Manz - 28  
Maddysen McCowan - 28  
Ginger Bradley - 29  
Melanie Hehn - 29  
Allison Jacobson - 30

### Woodside Village

Brooke Lunski - 4  
Lindsey Moffitt - 6  
Janine Ogren - 6  
Taydin Holmer - 10  
Patricia Hess - 11  
Michaela Knutson - 12  
Mimika Rai - 13  
Amy Neumann - 13  
Paige Bekkedahl - 15

Dolapo Raji - 16  
Jacelyn Pinske - 18  
Jerrylin Paye - 20  
Jordan Jacobson - 22  
Nevaeh Williams - 22  
Iyon Metcalf - 23  
Allanah Mullenbach - 26  
Elsie Sandra Tongueu - 27

### Townsquare

Karen Basting - 6  
Lori Contreras - 21

Kelly Stubbs - 25  
Sabine Erickson - 27

### Wheatland Terrace

Laura Schauer - 6  
Sandra Kemnitz - 26

Ashley Gereau - 28

### Tufte Manor

Brooke Staigle - 3  
Kira Beier - 10  
Solange Nezeza - 22

Paula Haugen - 25  
Elizabeth Thompson - 30

**HAPPY  
BIRTHDAY**

VSL Highlights Staff

Editor: Adam Edwards

Publisher: Rebecca Peterson