



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**BC-Bethesda**  
**Crossings**  
**CC-Center Court**  
**DR-Dakota Room**  
**\*-View on VC TV**  
**Channel 98**

**1**  
 \*9:30a Rosary  
 9:30a 1:1 Visits  
 \*2p BINGO-BC  
 3:15p Snacks  
 May Day

**2**  
 \*9:30a Catholic Mass-BC  
 10:15a Nail Painting  
 2p 1:1 Visits

**3**  
 10a Coffee &  
 Crosswords  
 1:30p Activity Cart

**4**  
 10a Music w/ Lindsey-DR  
 \*2p BINGO-BC  
 3:15p Snacks

**5**  
 \*9:30a Worship  
 Service-BC  
 1:30p Cinco de Mayo  
 Party-VT Dining Room  
 3:30p Chimes-DR  
 Cinco de Mayo

**6**  
 9a 1:1 Visits  
 10a Therapy Dog  
 Visits-CC  
 2p Movie & Popcorn-DR  
 "A League of Their Own"  
 ('92)

**7**  
 9a 1:1 Visits  
 \*10a Worship Service  
 (Replay from Friday)  
 2p Games-DR  
 3p 1:1 Visits

**8**  
 9:30-10:30a  
 Community Culture  
 \*9:30a Rosary  
 1:30-3p Nurses Week  
 Treats-CC  
 \*2p BINGO-BC  
 3:15p Snacks

**9**  
 \*9:30a Catholic Mass-BC  
 10:15a Nail Painting  
 1:30-3p Nurses Week  
 Treats-CC  
 1:30p Shopping-RSVP

**10**  
 9a 1:1 Visits  
 10a Choir-BC  
 1:30-3p Nurses Week  
 Treats-CC  
 1:30p Activity Cart

**11**  
 10a Music w/ Lindsey-DR  
 1:30-3p Nurses Week  
 Treats-CC  
 \*2p BINGO-BC  
 3:15p Snacks

**12**  
 \*9:30a Worship  
 Service-BC  
 10:15a 1:1 Visits  
 1:30-3p Nurses Week  
 Treats-CC  
 1:30p Scenic Strolls  
 (Weather Permitting)  
 3:30p Chimes-DR

**13**  
 9:30a News Update-DR  
 1:1 Visits  
 2p Movie & Popcorn-DR  
 "Pillow Talk" ('59)

**14**  
 9a 1:1 Visits  
 \*10a Worship Service  
 (Replay from Friday)  
 2p Games-DR  
 3p 1:1 Visits  
 Mother's Day  
 National Skilled Nursing Week

**15**  
 \*9:30a Rosary  
 9:30a 1:1 Visits  
 \*2p BINGO-BC  
 3:15p Snacks  
 -HAT DAY-

**16**  
 \*9:30a Catholic Mass-BC  
 10:15a Nail Painting  
 1:30p Shopping-RSVP  
 -PAJAMA DAY-

**17**  
 9:30a Kelly Elem.3<sup>rd</sup>  
 Grade Talent Show-BC  
 1:30p Activity Cart  
 2p Resident Council-DR  
 3:15p Choir-BC  
 -TIE-DYE DAY-

**18**  
 9:30a 1:1 Visits  
 10a Music w/ Lindsey-DR  
 \*2p BINGO-BC  
 3:15p Snacks  
 -CLASH DAY-

**19**  
 \*9:30a Worship  
 Service-BC  
 1:30p Scenic Strolls  
 (Weather Permitting)  
 3:30p Chimes-DR  
 -SPORTS DAY-

**20**  
 9:30a News Update-DR  
 1:1 Visits  
 2p Movie & Popcorn-DR  
 "80 for Brady" ('23)  
 Armed Forces Day

**21**  
 9a 1:1 Visits  
 \*10a Worship Service  
 (Replay from Friday)  
 2p Games-DR  
 3p 1:1 Visits

**22**  
 9:30-10:30a  
 Community Culture  
 \*9:30a Rosary  
 \*2p BINGO-BC  
 3:15p Snacks  
 Victoria Day (Canada)

**23**  
 \*9:30a Catholic Mass-BC  
 10:15a Nail Painting  
 1:30p Scenic Drive-RSVP

**24**  
 10a GF Library  
 Activity-BC  
 1:30-2:30p Rec. Dept.  
 @ Meeting  
 3p Choir-BC

**25**  
 9:30a 1:1 Visits  
 10a Music w/ Lindsey-DR  
 \*2p BINGO-BC  
 3:15p Snacks  
 Shavuot Begins

**26**  
 \*9:30a Worship  
 Service-BC  
 10:15a 1:1 Visits  
 1:30p Scenic Strolls  
 (Weather Permitting)  
 3:30p Chimes-DR

**27**  
 9:30a News Update-DR  
 1:1 Visits  
 2p Movie & Popcorn-DR  
 "A Man Called Otto" ('23)

**28**  
 9a 1:1 Visits  
 \*10a Worship Service  
 (Replay from Friday)  
 2p Games-DR  
 3p 1:1 Visits

**29**  
 \*9:30a Rosary  
 2p Memorial Day Treats  
 Memorial Day

**30**  
 \*9:30a Catholic Mass-BC  
 10:15a Nail Painting  
 1:30p Flower Shopping  
 @ All Season's-RSVP

**31**  
 Planting in the  
 Courtyards  
 1:30p Activity Cart  
 3p Choir-BC

# May 2023

## Valley Transitions

Interested in volunteering? Visit [valleyseniorliving.org](http://valleyseniorliving.org) or contact Terri Heggie at 701.787.7989.