

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023 Lanark

			<p>9:30a News Update 10a 1:1 Visits</p> <p>2p Book Club 3p Choir</p>	<p>1 <i>AM Care Conference</i></p> <p>1:30p <i>Quality of Life Meeting</i></p> <p>*2pm BINGO-BC 3:15p Apps &amp; Taps</p>	<p>2 9a Bake Bday Cake *9:30a Worship Service -BC</p> <p>10:15a Music w/ Lindsey 1:30p Chimes-DR 2:30p Bday Party for Don <b>HAPPY BIRTHDAY DON MOZINSKI</b></p>	<p>3 10a News Update &amp; Coffee-DR</p> <p>2p Movie-DR "The Wizard of Oz" ('39)</p>
<p>5 *10a Worship Service (Replay from Friday)</p> <p>2p Games-DR</p> <p><b>HAPPY BIRTHDAY JAMES AAKER</b></p>	<p>6 *9:30a Rosary 9:30a Baking Bday Cake</p> <p>*2p BINGO-BC 3:15p Bday Party for James 4p Bible Study <small>Purim Begins</small></p>	<p>7 *9:30a Catholic Mass-BC 10:15a Bake Bday Cake 1:30p <i>Quality of Life Meeting</i></p> <p>3p Choir-BC 3:45p Bday Party for Janet <b>HAPPY BIRTHDAY JANET COVINGTON</b></p>	<p>8 9:30a News Update 10a 1:1 Visits</p> <p>2p Book Club 3p Art Project</p>	<p>9 <i>AM Care Conference</i></p> <p>*2pm BINGO-BC 3:15p Apps &amp; Taps</p>	<p>10 *9:30a Worship Service -BC 10:15a Music w/ Lindsey</p> <p>1:30p Chimes-DR 2:15p Nail Painting</p>	<p>11 10a Therapy Dog Visits-CC</p> <p>2p Movie-DR "Ticket to Paradise" ('22)</p>
<p>12 *10a Worship Service (Replay from Friday)</p> <p>2p Games-DR</p> <p><small>Daylight Saving Time Begins</small></p>	<p>13 9:30-10:30a <i>Community Culture</i></p> <p>*9:30a Rosary 10:30a Bday Bday Cake *2p BINGO-BC 3:15p Bday Party for Linda 4p Bible Study <b>HAPPY BIRTHDAY LINDA NELSON</b></p>	<p>14 *9:30a Catholic Mass-BC 10:15a Wheelchair Yoga</p> <p>1p 1:1 Visits 2p Art Project 3p Choir-BC</p>	<p>15 9a 1:1 Visits 10a GF Library Activity -BC</p> <p>2p Resident Council-DR 3p Chips &amp; Dip 3:30p Party Planning</p>	<p>16 <i>AM Care Conference</i> 10a Music w/ Lindsey-DR</p> <p>*2pm BINGO-BC 3:15 St Patty's Day Treat</p>	<p>17 *9:30a Worship Service -BC 10a 1:1 Visits</p> <p>2:15p Movie 1:30-3p St. Patty's Day Treats-CC <small>St. Patrick's Day</small></p>	<p>18 10a News Update &amp; Coffee-DR</p> <p>2p Movie-DR "A Star is Born" (R) ('18)</p>
<p>19 *10a Worship Service (Replay from Friday)</p> <p>2p Games-DR</p>	<p>20 9a Bake Cookies *9:30a Rosary 10a 1:1 Visits</p> <p>*2p BINGO-BC 3:15p Cookies &amp; Coffee 4p Bible Study <small>Spring Begins</small></p>	<p>21 *9:30a Catholic Mass-BC 10:15a Wheelchair Yoga</p> <p>1:30p Shopping-RSVP <b>HAPPY BIRTHDAY NORMA SVOBODA</b></p>	<p>22 9:30a News Update 10a 1:1 Visits</p> <p>2p Book Club 3p Choir</p> <p><small>Ramadan Begins</small></p>	<p>23 <i>AM Care Conference</i> 8:45a Bake Bday Cake</p> <p>*2pm BINGO-BC 3:15p Bday Party for Alma &amp; LaVerna</p>	<p>24 *9:30a Worship Service -BC 10:15a Music w/ Lindsey</p> <p>1:30p Chimes-DR</p>	<p>25 10a News Update &amp; Coffee-DR</p> <p>2p Movie-DR "Flashdance" (R) ('83)</p>
<p>26 *10a Worship Service (Replay from Friday)</p> <p>2p Games-DR <b>HAPPY BIRTHDAY ALMA VON RUDEN LAVERNA KNUTH</b></p>	<p>27 9:30-10:30a <i>Community Culture</i></p> <p>*9:30a Rosary 10:30a Bday Bday Cake *2p BINGO-BC 3:15p Bday Party for Desi 4p Bible Study <b>HAPPY BIRTHDAY DESMOND SPORBERT</b></p>	<p>28 *9:30a Catholic Mass-BC 10:15a Wheelchair Yoga</p> <p>1:30p Shopping-RSVP</p>	<p>29 9:30a News Update 10a 1:1 Visits</p> <p>1:30-2:30p <i>Rec. Dept. @ Meeting</i> 3p Choir</p>	<p>30 <i>AM Care Conference</i></p> <p>*2pm BINGO-BC 3:15p Apps &amp; Taps</p>	<p>31 8:30a-3p Craft Sale -Community Room *9:30a Worship Service -BC</p> <p>10:15a Music w/ Lindsey 1:30p Chimes-DR 2:15p Nail Painting 3:15p 1:1 Visits</p>	<p>BC-Bethesda Crossings CC-Center Court DR-Dakota Room *-View on VC TV Channel 98</p>

Interested in volunteering? Visit [valleyseniorliving.org](http://valleyseniorliving.org) or contact Terri Heggie at 701.787.7989.