

Annual Report



2021

2020-2021 *Board of Directors*

EXECUTIVE COMMITTEE OF THE BOARD OF DIRECTORS

Garth Rydland	<i>President/Chief Executive Officer</i>
John Snustad	<i>Chairperson</i>
Margaret Reed	<i>Vice Chairperson</i>
Pete Hoistad	<i>Treasurer</i>
Karen Brekke	<i>Secretary</i>
Lynn Ronsberg	<i>Director from September 2020 through her passing in April 2021</i>
Dave Molmen	<i>Director</i>
Michael Brown	<i>Director</i>
Patrick Moore	<i>Director</i>

BOARD OF DIRECTORS

Marilyn Nyberg	<i>Ascension Lutheran Church, Emerado, ND</i>
Carol Snortland	<i>Augustana Lutheran Church, Grand Forks, ND</i>
Sue Moe	<i>Bethany Lutheran Church, East Grand Forks, MN</i>
Wendy Waller	<i>Bygland Lutheran Church, Fisher, MN</i>
Pete Hoistad	<i>Calvary Lutheran Church, Grand Forks, ND</i>
Tara O'Hearn	<i>Evanger Lutheran Church, Thompson, ND</i>
Ellis Larson	<i>Family of God Lutheran Church, East Grand Forks, MN</i>
Ken Miller	<i>Fisher Lutheran Church, Fisher, MN</i>
Roger Stadstad	<i>Middle Grove Lutheran Church, Grand Forks, ND</i>
Sharon Bakke	<i>Ness Lutheran Church, Mekinock, ND</i>
Robin Thompson	<i>Our Saviors Lutheran Church, East Grand Forks, MN</i>
Jim Lancaster	<i>Redeemer Lutheran Church, Grand Forks, ND</i>
Linda Simmons	<i>St. Mark's Lutheran Church, Grand Forks, ND</i>
Sharon Gustafson	<i>St. Matthew's Lutheran Church, Thompson, ND</i>
Susan Kuster	<i>Reynolds Lutheran Church, Reynolds, ND</i>
Marilyn Nyberg	<i>St. Paul's Lutheran Church, Honeyford, ND</i>
Dave Molmen	<i>Sharon Lutheran Church, Grand Forks, ND</i>
JoAnn Miller	<i>Trinity Free Lutheran Church, Grand Forks, ND</i>
Lisa Piche	<i>Trinity Lutheran Church, Manvel, ND</i>
Gary Masilko	<i>United Lutheran Church, Grand Forks, ND</i>
Betty Bloomquist	<i>University Lutheran Church, Grand Forks, ND</i>
Susan Hahn	<i>Walle Lutheran Church, Thompson, ND</i>
Jacky Jones	<i>Zion Lutheran Church, Oslo, MN</i>
Lynn Ronsberg	<i>Member Congregation Clergy (through April 2021)</i>
Garth Rydland	<i>President/Chief Executive Officer</i>
John Snustad	<i>Appointed</i>
Margaret Reed	<i>Appointed</i>
Michael Brown	<i>Appointed</i>
Patrick Moore	<i>Appointed</i>
Karen Brekke	<i>Appointed</i>



EXECUTIVE *Leadership Team*

Garth Rydland

President/Chief Executive Officer

Gina Roller

Administrator, Valley Senior Living on 42nd

Angie Goulet

Administrator, Tufta Manor

Director of Personal Care Services

Cheryl Ekren

Housing Manager,

Wheatland Terrace and Country Estates

Lori Bott

Chief Financial Officer

Barb Barta

Director of Human Resources

Jenny Schultz

Director of Nursing, Woodside Village

Jess Baumgarten

Director of Nursing,

Valley Senior Living on Columbia

Megan Anderson

Administrative Project Coordinator

EMPLOYEES HONORED FOR 2020 LONGEVITY AWARDS

45 Years

Linda Kvasager

40 Years

Sue Prestegard

30 Years

Nancy Olson

25 Years

Sheila Denney

Janet Gadaire

Barb Holien

Doreen Johnson

Wendy Swenson

20 Years

Tanya Anderson

Corynne Brumwell

Ruby Carter

Paula Haugen

Leroy Helmoski

Brenda Miller

Lillian Newton

15 Years

Bethany Bailly

Katie Eken

Shannon Gramm

Monique Manz

Elena Manz

Ljiljana Mlikota

Terry Nelson-Aaker

Sandra Pesch

Alexis Spiros

Amber TerBest

Kayla Waege

10 Years

Connor Hanson

Patty Holter

Ingrid Hove

Koliju Jones

Traci Olson

Victoria Reynolds

Gina Roller

Dora Segovia

Mary Sullivan





VALLEY SENIOR LIVING ON 42ND

Valley Senior Living on 42nd provides a full continuum of care for independent living (Country Estates), assisted living (Wheatland Terrace), skilled nursing, and memory care (Woodside Village) in a cozy residential neighborhood. The multiple levels of care and services at Valley Senior Living on 42nd offer a wonderful advantage for couples, siblings, and friends to be able to live in the same community.



VALLEY SENIOR LIVING ON CHERRY

Valley Senior Living on Cherry provides two communities in separate buildings joined by a connecting link. Nestled in a quiet neighborhood, this independent senior living community (Cherrywood Village) offers affordable apartments for seniors age 62 or older who qualify as low-income. Our basic care (Tuft Manor) offers 24 hour nursing and personal care assistance in a warm inviting environment. Basic care is Medicaid certified and is designed for people who need support services, yet it allows them to maximize their independence.



VALLEY SENIOR LIVING ON COLUMBIA

Valley Senior Living on Columbia offers skilled nursing and transitional care with a physical connection to Altru Health System's main campus. The transitional care neighborhood provides post-acute skilled nursing care and rehabilitative services for individuals to successfully return home or to an alternative level of care. Residents at Valley Senior Living on Columbia enjoy cozy neighborhood settings and the many amenities this community offers.



PRESIDENT'S *Report*



A handwritten signature in black ink that reads "Garth Rydland". The signature is fluid and cursive.

Garth Rydland
President/CEO

At Valley Senior Living, we continue to be committed to balancing quality of life and safety for the residents. While the fall of 2020 was extremely challenging, the winter brought the vaccine and a virtual halt to residents testing positive. Those that have since tested positive have had few if any symptoms, and it has been since October 2020 since a resident has been hospitalized or died from COVID.

Residents sacrificed so much during the pandemic. When we, as employees, were able to go home to our families, residents were restricted from seeing theirs. Thank you to all the residents and families who have been so understanding and supportive throughout the last 18 months!

This year I bring a true sense of gratitude each day for our progress in battling COVID-19. The vaccine has allowed our residents to enjoy life again! Residents eat together in the dining rooms. Group activities including in person church services and music groups have resumed. Fewer disruptions to regular visitation are occurring due to fewer cases of COVID-19 among residents and staff.

I am so grateful for all of our staff! There has not been a period of time that has been more challenging for the long term care profession, and our staff have been equal to the task. In my 25 years with Valley Senior Living, we have never asked so much of our caregivers.

As caregivers we have not done this alone. North Dakota has one of the highest nursing staffing ratios in the country for nursing homes. We are thankful for the many years of investments by the North Dakota Legislature that gave us a chance to make it through this pandemic. Federal funds from two sources, the Centers for Medicare and Medicaid Services and the Payroll Protection Program, allowed us to make decisions in the best interest of the residents despite the cost.

The complexity of this situation continues. The Delta variant is creating a pandemic of the unvaccinated that is taxing the limits of our healthcare system. In our near future, we will be navigating the issues of boosters and vaccine mandates which will further protect residents and staff.

Whatever the next year will bring, we will continue to navigate the changes to provide compassionate Christian care and service to enhance the quality of life for those we serve!



BOARD CHAIR *Report*



John Snustad

John Snustad
Board Chair

The pandemic has presented many challenges for the residents, families, and staff of Valley Senior Living over the past 18 months. As the Executive Committee of the Board, we have continued to make the safety of our residents and staff our first priority.

The vaccine has been incredibly effective for residents at Valley. Since most residents were vaccinated in December and January, most of our pre-pandemic activity has resumed. We could finally return to our mission of giving compassionate Christian care and service to enhance the quality of life for those we serve. While much needs to continue to be done to protect the residents from the Delta variant, we are grateful to be making progress towards “normal” again.

We are blessed to have the unending dedication of the staff who have provided the best care possible to the residents of Valley Senior Living. We are so fortunate to have staff that love our residents and treat them as members of their family. Caregiving through the pandemic has been emotionally challenging to keep everyone safe and support each other. Severe cases of COVID was the challenge of 2020, and keeping an optimal number of staff has been the challenge of 2021. This spring, as the number of vacancies of staff increased, the Executive Committee responded with across the board increases for staff and recruitment bonuses for a number of positions. We thank the staff who continue to dedicate their careers to the long term care profession and thank those who are joining as new caregivers!

Financially, we have remained stable throughout the pandemic. Though operations lost money due to lower occupancy and higher expenses, we ended the year with a profit due to distributions from the Centers for Medicare and Medicaid Services to nursing homes and the loan from the Payroll Protection Program (PPP) was forgiven and classified as a grant at the end of the fiscal year.

Thank you to the churches of our region for your support of Valley Senior Living and its residents. While we haven't been able to completely reengage all volunteer efforts yet, we thank you for supporting our chaplaincy program that counsels and prays with our resident community. Thank you for keeping Valley in your prayers!



FOUNDATION *Report*



“I can’t change the direction of the wind, but I can adjust my sails to always reach my destination.”

– JIMMY DEAN

The goals of the Valley Senior Living Foundation are to promote Valley Senior Living, provide philanthropic education, build relationships, and seek and accept charitable gifts. As the Foundation strives to achieve these goals, it will be accomplishing its mission and vision by supporting life enhancing long-term care for those who call Valley Senior Living “home”.

In 2019 the Foundation identified four programmatic pillars that would provide for resident enrichment. Those pillars are the Chaplaincy Ministry, Music Therapy, Intergenerational Programming and Community Connections. From the onset of the pandemic in our community in 2020, these programs were all interrupted and for much of this time ... inactive. Music therapists were not able to gather for normal sessions, residents and students/children could not interact and residents rarely participated in community activities. Valley Senior Living chaplains had to “pivot” from typical worship and bible studies and their services became more important than ever before.

Just as these programs were negatively impacted, the Valley Senior Living Foundation expected to be economically challenged by the uncertainty created by the COVID-19 pandemic. Over the past

year, the Foundation “adjusted its sails” and is pleased to report a number of successes:

- The Valley Senior Living Club had a 46% increase in membership since the onset of the pandemic.
- The Mid-Year and Year-End Chaplaincy appeals increased 93% and 149% respectively
- The Around Our Table fundraiser raised a record \$19,000 by going completely virtual
- Invested endowment and other restricted/unrestricted funds experienced a \$551,771 growth in earnings
- Received \$253,950 of COVID-19/Crisis relief related funds from the State of North Dakota, North Dakota Community Foundation, Community Foundation of Grand Forks, East Grand Forks and Region and many others

And the good news is continuing:

- This spring Tufte Manor initiated an Outdoor Improvement project and support from the Foundation was led by a \$20,178 grant from the Myra Foundation and over \$35,000 from the Valley Senior Living Golf Classic
- The annual Partners in Caring employee campaign provided \$49,000 in donations towards Resident Enrichment, Employee Enhancement and the Greg V. Hanson Nursing Scholarship funds.

We appreciate the generosity of all individual, corporate, government and foundation donors. It is through these many gifts that Valley Senior Living continues to provide compassionate care and programs to those that live and work here.





We appreciate the **generous hearts** of our **gracious donors** and are grateful to be part of such a **caring community.**

The following donors have achieved lifetime giving levels of \$10,000 and higher as of June 30, 2021.

Diamond

(\$500,000- \$999,999)

Herman & Matti Jorgenson Estate
US Bank

Founders

(\$250,000 - \$499,999)

Myra Foundation
Sally J. Page Estate
Clarence & Stella Sande*
Adolph & Georgia Tobiasson*

Century

(\$100,000 - \$249,999)

Joanne & Alton Baglien*
Bethesda Society
Vonnie Davis*
Henry M. & Lila M. Havig Trust
North Dakota Community
Foundation
Mabel Sando Estate
Madeline G. Schlosser Estate

Bethesda

(\$50,000 - \$99,999)

Alerus
Irene Bostrom Estate
Calvary Lutheran Church
Bernice Goodman
Hugo's
Geraldine Jenson Estate
Garth & Christine Rydland
Wayne & Carol* Stark
Nellie J. Svee Fund
Thrivent Financial
Trinity Lutheran Church – Manvel
United Lutheran Church
Vaaler Insurance
Valley Senior Living Club
WIDSETH
Paul & Claudia Zimmer

Cornerstone

(\$25,000- \$49,999)

Altru Health System
Richard Beringer Trust
Bethel Lutheran Church
Donald* & Joy Bostrom
Brady, Martz, & Associates, PC
Bremer Bank
C&R Cleaners & Laundry
Camrud, Maddock, Olson &
Larson, Ltd.
Effie Canute*
Victor & Nina Cranley Trust
Fisher Lutheran Church
Josephine Flatrud Estate
Frandsen Bank & Trust
Milton & Luella Homstad*
ICS, Inc.
Eugene Lautenschlager
Lunseth Plumbing & Heating
Olga Neal Estate
North Risk Partners
Frederick Rehwaldt*
Archie & Alpha Scott*
University Lutheran Church
Ross Watland Estate
Xcel Energy

Heritage

(\$10,000 - \$24,999)

American Federal Bank
Donette Arndt
Augustana Lutheran Church
Ben Bjertness*
Mark & Sue Bjornstad
June Blakely*
Steve & Lori Bott
Bygland Lutheran Church
C.L. Linfoot Co.
Century Electric, Inc.
Jack* & Yvonne Cronquist
Pearl Dostal Estate
Ernest & Norma Egeland Estate

Wilma A. Galegher*
James & LuAnne Gjerset
Grand Forks Herald
Evelyn Grove*
Greg V. Hanson*
Pete & Melanie Hoistad
Ben & Barb Holien
Home of Ecomony
Les & Patty Howard
Paul Howard
William Hulteng
JR Simplot Co.
John & Doris Lambie
Martin Mechanical Design, Inc.
Walter Mellem*
Joe & Missy Miedema
Myrtle Moss Estate
Robert & Doris Myron*
Networking Specialists, Inc.
James* & Donna Olson
Otto Bremer Foundation
Marie Pederson*
Jean Peterson
Mike & Barb Polovitz*
Reynolds Lutheran Church
Stephen Robinson
Effie Rue Estate
John & Edna Sandmeyer*
Josephine Sandvig Estate
Sertoma Club of Grand Forks
Sharon Lutheran Church
Dennis Sorheim
St. Matthew's Lutheran Church -
Thompson
St. Paul's Lutheran Church
Corene Stolee*
Arthur & Wilma Tinkham*
Tuft Manor Manorettes
Dr. & Mrs.* A.G. Tweet
Arthur & Merle Tweet*
Mildred Ugland Mallinger Estate
Jesse Wedge Trust
Yorhom Medical Essentials





Through gifts to the Valley Senior Living Foundation we are able to provide compassionate care and programs that enhance the daily lives of those who call Valley Senior Living 'home'.

We are grateful to the following individuals and businesses that contributed to the Valley Senior Living Foundation from July 1, 2020 through June 20, 2021. Listed below are those who contributed gifts of \$1,000 or more.

\$10,000 - \$24,999

Myra Foundation
Vaaler Insurance
WIDSETH

\$5,000 - \$9,999

Donette Arndt
ELCA, Nellie J. Svee Grant
Mr. & Mrs. Peter & Melanie
Hoistad
Les & Patty Howard
Paul Howard
North Risk Partners
Olga Neal Estate
Garth & Christine Rydland

\$2,500 - \$4,999

Alerus
C & R Laundry & Cleaners
Victor & Nina Cranley Trust
Chap. Charles & Claudia
Johnson
Jean Peterson
Retrax Holdings
Doug & Nancy Rothe
Sertoma Club of Grand Forks

\$1,000- \$2,499

Altru Health System
Alvis Amble Charitable Trust
Derek Andersen
B Clean Supply, Inc.
Blue Cross Blue Shield ND
Border States Electric Supply
Lori & Steve Bott
Brady Martz & Associates, Pc.
Business Essentials
C. L. Linfoot Company
Calvary Lutheran Church
Century Electric, Inc.
CFS Interiors & Flooring
Concordance Healthcare
Solutions
Mrs. Yvonne Cronquist
Richard & Myrna Dahlstrom
Dakota Supply Group
Delta Dental of Minnesota
Vivian Erickson
Frandsen Bank & Trust
Terry & Donna Gardner
Chris Henderson
Hugo's
William Hulteng
ICS, Inc.
JB Electrical Design

Mr. and Mrs. Larry & Susan
Kuster
Eugene Lautenschlager
In Memory of Norris & Marcie
Loiland
Lunseth Plumbing & Heating
Co., Inc.
Marco Business Products
Martin Mechanical Design, Inc.
McKinnon Co., Inc.
Patrick & Rox Anne Moore
R Duane & Lila Nelson
Nodak Electric Trust
North Valley Crematory
Right Choice Electric Inc.
Stephen W. Robinson
Jim & Corinne Satrom
Kathy Smestad
Thrifty White Pharmacy
Thrivent Choice
Tim Shea's Nursery
Trinity Lutheran Church
Dr. A. G. Tweet
United Lutheran Church
University Lutheran Church
US Bank
Wall's LTC Pharmacy Inc.
Yorhom Medical Essentials



2020/2021 FISCAL YEAR HIGHLIGHTS

For the year ended June 30, 2021, while the organization experienced decreased occupancy, lost resident revenue, and increased expenses, federal and state COVID-19 grant funding resulted in an increase in net assets of \$3,959,844 which equates to a 7.4% margin for the year. The organization remains financially stable with Net Assets of \$12.1 million and \$14.1 million in Cash (the equivalent of 122 Days Cash on Hand).

COVID-19 FINANCIAL IMPACT

Federal and State Funding:

Valley Senior Living has received federal funding to help offset lost revenue and cover increased expenses attributed to coronavirus pandemic from the following programs: Small Business Administrative Paycheck Protection Program \$5.63 million was received in April 2020 and forgiveness awarded in June 2021. CARES Act funding from the U.S. Department of Health and Human Services (HHS) in Provider Relief Funds between April 2020 and August 2020 totaling \$2.75 million. The organization also received \$220,000 from the ND Economic Resiliency and ND Department of Human Services HVAC Air Purification grants. Without these funds the organization would have experienced a net loss of \$4.13 million for the 2020-2021 fiscal year. Starting on September 29, 2021, we will be eligible to apply for another round of Provider Relief funding for both Valley Homes and Services and 4000 Valley Square.

Census and Occupancy:

Consolidated occupancy for the year was 92% compared to prior years which averaged 95%. Valley Senior Living on Columbia occupancy averaged 86% due to open rooms in a designated COVID-19 Care Area. Falling below 90% will cause a penalty to the establishment of 2022 Medicaid and Private Pay rates. Tuftes Manor experienced an increase in census to 95% after last fiscal year's

85% occupancy. Woodside Village's census remained relatively stable. Wheatland Terrace saw a significant decline in occupancy ranging from 93% in August 2020 down to a low of 74% in April 2021 for an annual average of 82%. Country Estates also experienced a decline of 5% from the prior year with 93% occupancy for the year.

COVID Expenses:

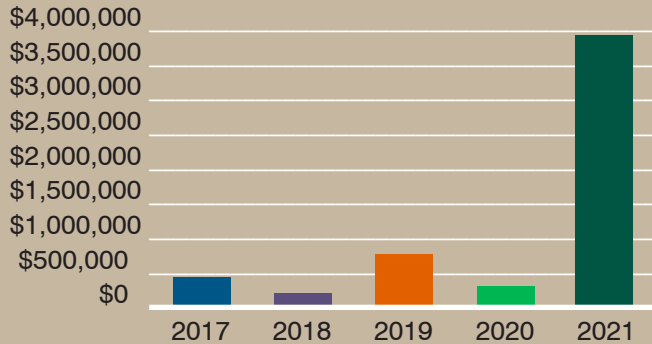
In order to protect the safety of both the staff and residents, Valley Senior Living purchased large quantities of personal protective equipment (PPE) including masks, goggles, face shields and gowns. Additional staff were needed to due to quarantine related to symptoms, exposure and positive infections, and to fill roles as health screeners for employees, vendors and visitors. Through June 30, 2021 Valley Senior Living spent \$3.7 million on COVID related salaries, benefits and other expenses. Post vaccination of residents and staff, COVID expenses started trending downwards, but will continue to have an impact on the 2021-2022 fiscal year. Due to the competitive nature of the workforce, market adjustments were made to salaries for a number positions in May and June. An across the board market increase went into effect for all staff in July and we anticipate more market adjustments will be necessary in the current fiscal year to recruit and retain quality staff.

A copy of audited financial statements is available upon request by contacting Lori Bott at 701-787-7912 or lbott@valleyseniorliving.org. See financial statistics provided on the next page.



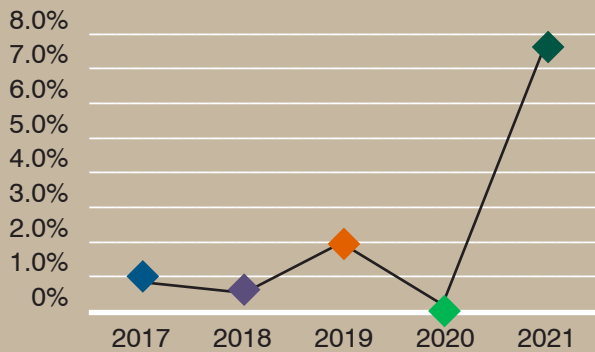
FINANCIAL PERFORMANCE – RATIOS AND STATISTICS

Valley Senior Living Increase in Net Assets



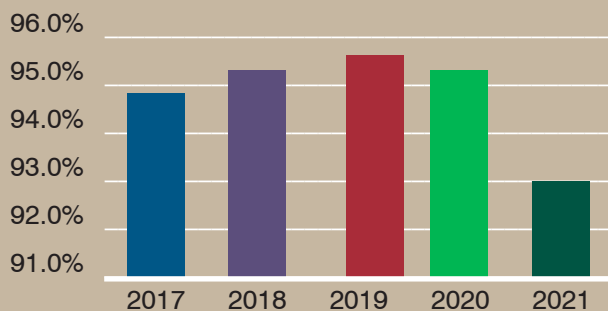
	Increase (Decrease) Net Assets				
	2017	2018	2019	2020	2021
Valley Homes & Services	\$ (31,797)	\$ (572,219)	\$ (512,734)	\$ (210,523)	\$ 2,679,456
4000 Valley Square	\$ 446,343	\$ 719,605	\$ 1,402,189	\$ 465,224	\$ 1,280,355
Valley Senior Living	\$ 414,546	\$ 147,386	\$ 889,455	\$ 254,701	\$ 3,959,844

Valley Senior Living Operating Margin



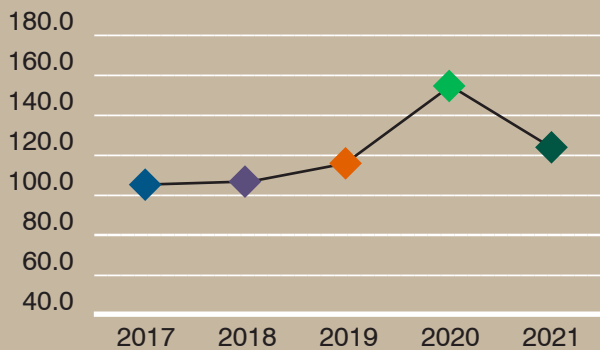
	Operating Margin				
	2017	2018	2019	2020	2021
Valley Homes & Services	0.1%	2.1%	1.9%	0.8%	8.5%
4000 Valley Square	3.0%	4.7%	8.1%	2.4%	5.8%
Valley Senior Living	1.0%	0.4	2.0%	0.5%	7.4%

Valley Senior Living Home Occupancy



	Home Occupancy				
	2017	2018	2019	2020	2021
Valley Senior Living	94.9%	95.1%	95.8%	95.1%	92.0%
Valley on Columbia	91.9%	90.8%	94.8%	92.2%	86.4%
Tufts Manor	95.9%	97.6%	96.0%	85.4%	95.1%
Woodside Village	98.2%	98.3%	98.0%	96.8%	95.1%
Wheatland Terrace	95.4%	98.4%	96.5%	97.4%	81.7%
Country Estates	98.3%	98.1%	95.0%	97.9%	92.8%

Valley Senior Days Cash on Hand



	Days Cash on Hand				
	2017	2018	2019	2020	2021
Valley Homes & Services	81.0	83.5	76.5	97.2	79.0
4000 Valley Square	150.8	152.3	175.9	237.7	180.9
Valley Senior Living	107.8	108.4	118.3	157.5	121.6



OUR CARING *Communities*

VALLEY SENIOR LIVING ON 42nd

INDEPENDENT SENIOR LIVING

Country Estates
4002 24th Avenue South
Grand Forks, ND 58201
701.787.7621

ASSISTED LIVING

Wheatland Terrace
4006 24th Avenue South
Grand Forks, ND 58201
701.787.7621

SKILLED NURSING AND MEMORY CARE

Woodside Village
4004 24th Avenue South
Grand Forks, ND 58201
701.787.7500

VALLEY SENIOR LIVING ON CHERRY

INDEPENDENT SENIOR LIVING

Cherrywood Village
3350 Cherry Street
Grand Forks, ND 58201
701.746.2545

BASIC CARE

Tufte Manor
3350 Cherry Street
Grand Forks, ND 58201
701.787.7600

VALLEY SENIOR LIVING ON COLUMBIA

CORPORATE OFFICE

SKILLED NURSING AND TRANSITIONAL CARE

2900 14th Avenue South
Grand Forks, ND 58201
701.787.7900

VALLEY SENIOR LIVING FOUNDATION

2900 14th Avenue South
Grand Forks, ND 58201
701.787.7997



valleyseniorliving.org

