

VALLEY MONTHLY HIGHLIGHTS

Volume 28, Issue 5

MAY 2021



WELCOME NEW EMPLOYEES!

Valley on Columbia

Chloe Butler Rachel Leboe
Avery Halvorson Yazmin Holtman
Emma Kava Hallie Skadsem
Cody Akerson Sheena Ganje
Taylor Kaiser

<u>Woodside Village</u>

Will Gaypia

CNA CLASS

Latasha Council Tamufor Nguh Jerica Turner Erica Madison Hodan Shire

VSL's May 2021 Longevity Recipients

20 Years

Cheryl Vidden, VC DRA Liz Lipsh, VC CNA

10 Years

5 Years

Sarah Hervey, VC LPN

Sarah Foyt, VC RN

New in 2021, as employees celebrate their milestones in their career, VSL will be recognizing staff during their anniversary month.

Staff's longevity award for years of service will be deposited into their account on the pay period following their anniversary date.



Your 401K with VSL

To review or make changes to your 401k account visit www.alerus.com



New & Increased Bonuses Now Available!

Recruiter Bonus — Increasing to \$1000 for Full-Time & \$500 for Part-Time Recruits

Flex RN, LPN or CNA - Move to regular status position for \$1000 Full-Time or \$500 Part-Time

Part-Time RN, LPN, or CNA — Move to a Full-Time Status Position for \$1000

Please contact your supervisor or Human Resources for more details on the new and increased bonuses!



Coronavirus Aid, Relief, & Economic Security Act (CARES Act)

As part of the <u>CARES Act</u>, individuals may use their Health Savings Account (HSA) to pay for qualified expenses accrued using telehealth services from March 27, 2020, until December 31, 2021.

The bill also permanently authorizes the ability to use HSAs, Flexible Spending Accounts (FSAs), and Health Reimbursement Arrangements (HRAs) to purchase over-the-counter medicines that had previously required a prescription from a physician and, for the first time, feminine hygiene products.

VSL Staff Illness/COVID-19- 701.741.9646

Altru Hotline 701.780.6358





MY HEALTH REWARDS

Did you know you can earn **gift cards** if you are on our health insurance? Medica offers a rewards program called My Health Rewards. To access this program simply go to <u>mymedica.com</u> and click on the Health and Wellness tab. My Health Rewards allows you to earn gift cards by tracking your healthy habits. You can earn up to \$100 in gift cards! For questions on this program, please contact Medica customer service at 952-945-8000.

vsl swag.



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2021 ACE (MANDATORY) INSERVICES

Will be held in August at the Alerus Center~ Watch for posters!

MAY BIRTHDAYS

Tufte Manor

Abby Lund	1	Tricia Johnson	12
Jamie Ostgard	4	Kourtney Sinjem	17
Laura Kendall	5	Angie Kearney	20
Alisha Holt	7	Doreen Reindel-Rolshoven	31

Valley on Columbia

Sheila Denney	2	Phyllis Moen	12
Stephanie Flateland	4	Sadie Rygh	12
Shalana Brueckner	4	Cindy Danielson	12
Katie Curran	4	Makayla Kasprick	14
Julie Lofberg	5	Myrna Dyrdal	14
Kayla Porter	5	Caitlin Hulst	15
Mike Lien	7	Emily Frigaard	17
Jocelyn Sayre	7	Drake Strong	17
Marlys Goulet	8	Elena Manz	20
Tiffany Decoteau	8	Liz Lipsh	21
Aspin Wilson	9	Kyle Hoag	24
Elizabeth Sumo	9	Katelyn Olson	24
	_	Angela Lachowitzer	25
Wendy Hackett	9	Melania Del Peral	28
Sarah Erickson	10	Alexis Giese	29
Haylee Graba	12	0.000	

Woodside Village

Courtney Hanson	1	Isabella Bianco	18
Samiya Hussein	1	Eliza Lofberg	18
Jayde Enninga	4	Kari Schramm	19
Angela Borgen	5	Denis Nabola	19
Carole Torgerson	7	Chantz Mehus	21
Olivia Hyduke	9	Nathan Halverson	21
Brittney Munson	10	Dan Kostad	22
Alexis Spiros	12	Abbie Nomeland	25
Lee Wilkie	12	Emily Denman	26
Debra Kieckbusch	13	Jackie Ewert	27
Sarah Nelson	14	Brita Lubinski	28

Town Square

Zi Jin	5	Gina Roller	24
Sherry Gierszewski	10	Edwina Jallah	29
Lisa Lyon	17		

Wheatland Terrace

Joanne Faulhaber	17	Madison Mandan	26
Cheryl Ekren	24		



VSL HIGHLIGHTS STAFF

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